

CAN-AM LINK



Club Membership Building Sandra Hachey, ACS/ALB, LGM

November is knocking on our door and the days are getting shorter. Where has the time gone? Soon old man winter will be at our door - with the white “fluffy stuff” dancing all around.

I want to welcome our newest chartering club to the District 45 family. Wolfville Toastmasters has submitted their paperwork and are now waiting for it all to become official. Congratulations to all the members and the Toastmasters’ sponsors that made the dream of starting a club in Wolfville NS become a reality.

October/November/December is a great time to focus on club membership growth. Think back to when you first joined Toastmasters – what drew you to this great organization? Invite friends, family and co-workers to your meetings – maybe provide them with a business card with the clubs information on it. There are templates for business cards on the TI website under the Brand Portal. Write a little note on the back to personalize it. People appreciate the personal touch.

I have been reading all of the Area Governor reports that have been coming in as the 23 Area Governors make their visits to the clubs and report back to the District Executive Team. Area Governors have travelled long distances to visit their clubs – I know everyone made them feel welcome. Area Governors don’t forget that October 31st is the deadline for you to complete your visits.

Last but not least, I’m hoping that I will see all of you at the Fall Conference and get a chance to chat and catch up. Conference is being held in the District Governor’s home city of Saint John, NB. There is a lot to see and do in this wonderful city and much of it is within walking distance of the hotel. Hopefully you’ll be able to spend some extra time in our beautiful city. Many of the shops and our famous City Market are connected to the Hotel through a series of pedways – no need to worry about the weather. I know we’re all going to have a great time!!!!



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Happy 89th Birthday
 Toastmasters International!
 The first official Toastmasters meeting was held in
 Santa Ana, California, in October 1924.

Fall Conference 2013!

Shane Walsh, DTM, Public Relations Officer

October is a busy month in District 45 with club renewals, contests and growing our clubs. Fall Conference is the culmination of our efforts. Consider it your personal reward for your hard work personally and as a club member. Your participation in the Toastmasters organisation is first and foremost a journey of self-improvement and conferences are an important part of your education.

Fall Conference promises to an excellent investment again this year. Check out the educational sessions:

- **Get Em, Engage Em, Keep Em, Wendy Harding, DTM, PID:** New members are important to the success of your Toastmasters club and retaining club members is important to the longevity of your club.
- **Improm-To-Success: Tom Dowd, ACG, ALB** provides a guide to impromptu speaking, especially when it counts the most- Job interviews!
- **The Next Generation PowerPoint: Ken Bellmare** will give us six new techniques to resuscitate our PowerPoint presentations.
- **The M.A.T.R.I.C.K.S: Ross Mabey, ACS, ALB**, focussing on self-motivation Ross will unlock your potential for success through motivation.
- **Unleash your full Potential (from Panic to Passion): Joline Robichaud, CC and Nicole Savoie, ACB** are going to follow up their first presentation with the rules on how to play the game of life.
- **Point of Power: Cali Crowley, ACS, ALB:** you will learn to keep your eyes on the prize and achieve your goals as a Toastmasters.



Surprise events, training, and self-improvement - Good times in the Maritimes! Then there are the contests. Humorous speech contests are hilarious. There are as many different views on the vagaries of life as there are people. My club contests were fun. My area contests were hilarious. My division contest was a laughing riot! I can't wait for the District contest. The funniest speakers across three states and provinces will converge on Saint John with one goal in mind that is to make you laugh.

Why You Should Attend a Toastmasters Evaluation Contest? Because the techniques you pick up from the contestants improve your skills as a speaker and evaluator. Plus, the test speaker is always entertaining and the contestants are the best their division has to offer.

In this month's newsletter, LGM Sandra Hachey talks about club membership and welcomes Wolfville Toastmasters. Trish Smith, Area 23 Governor has produced an excellent club marketing tool using our old Toastmaster magazines. Area 2 Governor, Anne Bissonette has an article about her biggest supporter, her mom!

Around the District our LGET is busy with the Kathryn Hanson Fall Conference Chair organising our conference. LGM Sandra Hachey is working through the ever growing list of potential clubs. Our past DG, Donna Tutty, is providing guidance and nuggets of wisdom learned from her years on the District team to Sharon Jacques, District Governor. I have so far been able to produce a monthly newsletter with great support and contributions of our Division and Area Governors.

I created a YouTube website for District 45 and we have our facebook and twitter sites. So, please like, tweet and upload your toastmasters videos. For this month's newsletter, I have used excerpts from club newsletters to highlight the incredible skills of our toastmasters. I would like to continue using your newsletters so that we can recognize the writers among our members. And as always, let me have your Toastmasters stories. I look forward to seeing you at the Fall Conference in Saint John, November 1-3, 2013, especially in the hospitality suite where we can share a cold beverage and lots of laughter!

She is my Star — Anne Bissonette, Area 2 Governor, ACS/ALB

She is my Toastmaster star! My whole life my mother has been there for me, encouraging me and telling me “You can do anything you set your mind to”. I have always lived with this motto in mind. Her words of wisdom stayed with me in 1999 when one day I found myself unable to walk. At the age of 31 I was a neurological mess and needed a walker to get around. I was diagnosed with fibromyalgia and could no longer work. Life was hard however I refused to let it stop me.



In January of 2004 I joined Toastmasters and I knew I wanted to complete my communication manual in a year to get my CTM. I knew that I would need to find a way to do them. And I did. With my mother’s encouragement I did my first 10 speeches holding on to the lectern to prevent myself from falling, pushing myself through my body wide pain, and taking on each project with eagerness and a desire to have fun while doing them. And fun I did have. **Winnie the Pooh has been a guest at my club for many years and the subject of several of my speeches.** I then proceeded to get my ACB and my ACS with the same desire to move forward and have fun. All the while I would

practice my speeches while visiting my mother or on the phone. She has heard almost all my speeches, yet she has never attended a meeting.

A year ago I had attained my ALB and my mother asked me what the requirements for the next accreditation were. After I explained the requirements, I then told her that I wasn’t planning on doing my ALS. Being an area governor would demand club visits and I couldn’t see how I could do them since I can’t drive for a long period and many evenings my muscles cramp and twist. **As well, being an area governor demanded training, arranging TLIs and contests, doing reports, and conferences. My mother then had me re-explain each of these steps. She said I could easily do it as long as I paced myself and didn’t take on too much. The conferences I could start saving for. She was right. As for the Area visits which I saw as my biggest hurdle,** my mother immediately said “I’ll go with you”. She offered to drive whenever I couldn’t and be there for me no matter what condition I could be in after each visit.

This year I am the Division E, Area 2 governor! I have set my mind to being a good area governor, and to have fun while doing so. I have been pacing myself and I seek help when needed. This month I did my area visits...and my mother was with me! Because three of my clubs are too far for a return trip, we stayed at a motel and a couple of chalets I managed to get a great price for. We did some sightseeing, shopping, laughed, talked, and then talked some more. We took some time to explore some of our Acadian roots where my area clubs were located. Even when we were both aching in the mornings we managed to laugh it off and have fun. I am so grateful to have my mother on this journey as area governor, because she is my Toastmaster star!

Recycle, Reuse, Recruit!

Area 23 Governor — *Trish Smith, ACS/ALB*

Wondering what to do with those slightly used Toastmaster magazines piling up on your night table? Why not use them to recruit new club members and connect with the community by raising awareness about Toastmasters. That's what the clubs in Area 23 are doing this month. Recycle, Reuse, Recruit. It's as easy as one-two-three.

- 1) **Recycle:** This is a great opportunity for those needing credit for a Membership Campaign or PR Event Chair in their Competent Leader manual (Project 6, 8, or 10). As the Campaign Coordinator, send out your customized **PR Flyer** asking members to donate their slightly used Toastmaster's magazines.
- 2) **Reuse:** Collect the magazines and cover the mailing address with the customized **Club Contact Sticker**. The benefit of the qrcode on the sticker is that any smart phone capable of reading it will be directed right to your club's website. Most barcode scanner apps are free.
- 3) **Recruit:** Now comes the real work – the sweat equity of distributing the magazines. Dentist's offices, car dealerships, hair salons, bus terminals, hospitals or any place with a waiting room - our captive audience awaits. This is a very effective recruiting tool. I should know. I joined Toastmasters after reading a TMI magazine in a doctor's waiting room.

Area Governors: This is a great way to help the clubs in your area with member recruitment. The templates are already done and available for all to use (Templates include: **Club Flyer** and **Club Contact Stickers**). Even the link to the qrcode generator is provided. All you have to do is update the templates with your own club contact information and print it on a sheet of 2"x4" stickers available at any stationary store. Trish Smith, Area 23 Governor will email the templates to you if you contact her, D45.trishsmith@gmail.com. It's as easy as one-two-three.



Fall Speech Contest Round-up



Above: Humorous Speech: Darlene Smith, Craig Wilson, Kathleen Strong (1st Place), May Burrell, Martin Boucher (2nd Place), Nathan Davis (3rd Place)
 Evaluation: Darlene Smith, Craig Wilson, Martin Boucher (1st Place), Nathan Davis (3rd Place), Robert van Oostwaard (2nd Place), Glen Gorman.
 The Division C Humorous Speech and Evaluation Contests were held in Sussex, NB at the All Seasons Inn on Saturday, October 19. Contest Chair Carl Duivenvoorden, DTM and Chief Judge Dave Fraser, DTM put together a contest that featured competitors from across New Brunswick. We were very pleased to have representation from all Areas of Division C in the contest. Special thanks to Advanced Dawn Breakers for hosting this event and to everyone who attended or participated!



Division B Speech Evaluation Contest, 1st Place, Mark Mortensen. Division B Humorous Speech Contest: 1st Place, Mark Mortensen.

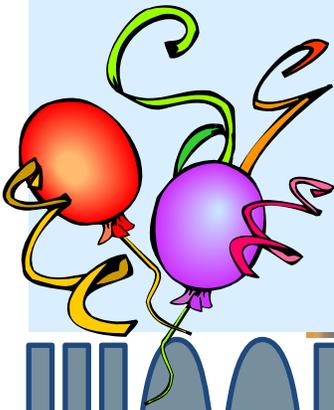
Fall Speech Contest Round up



Left; Division E Humorous Speech contest winners, David Cormier (1st Place), Skip Mills (2nd Place) with Division Governor Stephane Parent. Reprinted from Bagtown Babblers October newsletter. Photo: Linda Scott-Mills.



Right: Division D Governor Collette Saunders, DTM, with Humorous Speech Contest 1st Place Tamara Ellwood, and Evaluation Speech



!!!CONGRATULATIONS!!!

Parliamentary Minute —*Michael Thompson, CC*

How To Hold An Election

There are two main steps to conducting an election:

- Nominations; and
- Voting.

The Nomination process is how the candidates for an election are determined. There are two methods that are used to identify candidates for election.

The first method is by nomination from the floor. In this case the chair will call for nominations from the floor for a particular office. To nominate a candidate a member simply has to shout out the nomination; there is no need for a second. The chair closes nominations by asking “**Are there any further nominations?**” pauses then states “**If not**”, pauses then states “**nominations are closed.**” A motion to close nominations is not required and should not normally be entertained. If the candidate is present they may decline the nomination when they are nominated.

The second method is the nomination committee. This is a committee that has been given the responsibility of identifying potential candidates and checking to make sure they are willing to stand for office. Typically, the nominating committee will identify one candidate for each position but sometimes more than one candidate will be identified. Roberts Rules recommends that the members of the nominating committee be elected by the assembly; however many groups will, depending on their custom, elect or appoint a nominating committee chair who will then recruit the rest of the committee or do the work of the committee on their own. In many Toastmasters Clubs, the nominating chair is the immediate past president. When the work of the nominating committee is reported to the assembly, for each office the chair will open the floor to further nominations as described above.

Elections are usually conducted by secret ballot as discussed in a previous article. If only one candidate is nominated for a position then the chair may declare the nominee elected by acclamation, unless the organization’s bylaws require a ballot vote in which case one must be held. In this circumstance, in some groups, the chair will direct the secretary to cast a single vote for the candidate. To be honest, I’m not sure the origin of this custom; if the group allows election by acclamation it is not necessary and if the group requires a balloted vote it does not meet that requirement. When a balloted vote is conducted, any eligible candidate may be written in on the ballot even though they may not have been previously nominated.

Balloting continues until a majority for one candidate is obtained. At each round, any candidate may voluntarily withdraw from the election.

If the candidate is present and does not decline or is absent and has previously consented to serve the election is final when the chair announces the result. If the elected candidate is not present and has not previously consented to serve, then they must be notified of the election results and if they do not immediately decline then the election is final. If the candidate declines the appointment, then the balloting must continue with the candidate removed.

Unless there are provisions in the bylaws to the contrary, elected candidates take office immediately. In Toastmasters, elections are for predetermined terms; usually July 1st through June 30th; although some clubs elect officers for ½ year terms rather than full years. Elections are normally held prior to the beginning of the term to allow orderly transfer and hand-off from the previous administration.

In this series of articles I will be covering a number of the basics of parliamentary procedures. If there is a topic you would like to see covered, have a question you would like answered or you would like to contribute an article, please let me know; you can email me at mikethom@acm.org - please preface your subject line with “PM:”. These articles (attributed to Michael Thompson) may be reprinted in any Toastmaster group’s newsletter or website without permission.

Presidential Citation Awarded to Carl Duivenvoorden, DTM



Carl Duivenvoorden, DTM with International President, John Lau



WHERE LEADERS ARE MADE
www.toastmasters.org

Environmental activist, professional speaker, friend and mentor to many in District 45 and the Toastmaster world, Carl Duivenvoorden, DTM was awarded the President's Citation at the 2013 Toastmasters International convention in Cincinnati last August. Carl was our District Governor in 2004 and led the District to Distinguished status.

Carl has achieved his DTM designation three times and is a past winner of both the Humorous Speech and Evaluation contests at the District level. Carl has presented workshops at District conferences and at the International convention.

Carl's journey in public speaking started in the late 1980's, and led him to take a leave of absence from his job with the New Brunswick government in 2007 to train with Al Gore on the impacts of climate change. Over 35,000 people have heard Carl's presentation of "An Inconvenient Truth". Carl left government to become a full-time speaker and writer. Carl has spoken to over 350 audiences of all sizes, on topics ranging from efficiency to ecology to parliamentary procedure. He writes a biweekly column in the *New Brunswick Telegraph Journal* and three weeklies on saving money, energy and the environment. As well, he's a regular contributor to *The Toastmaster* magazine.

Carl continues to be active in his own clubs serving on the executive, chairing division contests, and taking on initiatives at the district and international level.

The Presidential Citation awards are presented to deserving members of our organization. A Presidential Citation award is not chosen by vote, but granted solely at the discretion of the International President. It is to acknowledge an outstanding Toastmaster who, over the years, has made outstanding contributions to his or her club and district, as well as the organization.

There have been five other District 45 members who have received the Presidential citation over the last 30 years. Heather Perkins, DTM was bestowed this honor in 2004.

This article originally appeared in the September issue of the Schooner Toastmasters Club Newsletter and has been edited for content.

Did you know? By Collette Saunders, DTM

Collette Saunders, DTM will be providing tidbits on the Toastmasters International education and leadership program each month. This month Collette will explain how you can get credit for a speech project in both the communications and leadership program.

This month's tip relates to Project 8 in the Competent Leadership manual. Although many members interpret the phrase "Membership Campaign or Contest Chair" to include Speech Contests, this is not the case. This project relates to membership building, and if you refer to your appendix (page 56 in the old manual and page 58 in the new) you will see that you are told to get the approval of your Vice President **Membership**, and organize a membership building campaign. All of the resources mentioned relate to membership. Credit for Speech Contest chairs is clearly outlined in Project 10.

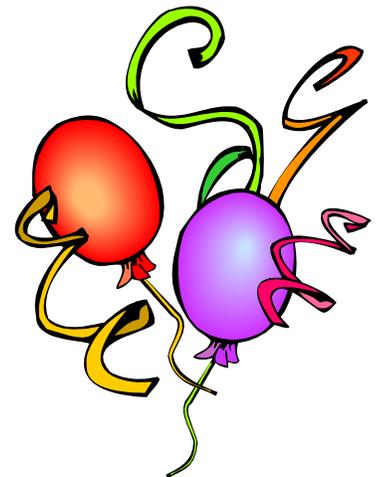
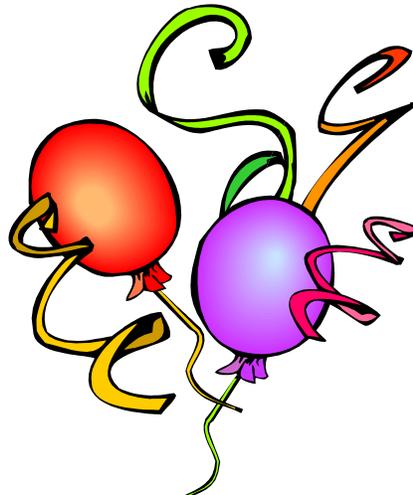
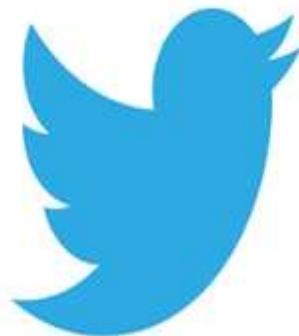
Education Achievements, 2013 September 26 - October 26

<u>Club</u>	<u>Division</u>	<u>Area</u>	<u>Award</u>	<u>Date</u>	<u>Member</u>	<u>Club</u>	<u>Location</u>
974612	D	21	CC	10/20/2013	Miller, Bruce	Faithfully Speaking Toastmasters Club	Dartmouth
1555	D	21	CC	10/15/2013	Hubley, David A.	Sears-Halifax Club	Halifax
2927245	C	4	CC	10/07/2013	Savoy, John W.	Xerographically Speaking	Saint John
5382	E	3	CC	09/30/2013	Bellemare, Kenneth	Riverview Canusa Toastmasters Club	Riverview
9985	E	17	CC	09/30/2013	Pasatieri, Norma J.	Spotlight Toastmasters Club	Charlotte-town
3119	F	22	CC	09/30/2013	Colley, Jessica J.	Dartmouth Toastmasters Club	Dartmouth
1936399	A	16	CC	09/25/2013	Manning, Robert A.	BURNDY Toastmasters	Manchester
940141	C	23	ACB	10/24/2013	Berthelot, Joseph P.	NoonTalkers Toastmasters Club	Saint John
6205	G	15	ACB	10/18/2013	Wright, Laurie Musick	Rutland Area Toastmasters	Rutland
2367487	F	11	ACB	10/02/2013	Bedell, Jennifer L.	East Toasters @ADP	Dartmouth
4921	E	3	ACB	09/25/2013	Bourque, Carla	Winning Spirit Club	Moncton
1042034	D	18	ACS	10/23/2013	Jarvis, Russell E.	CGI Atlantic Toastmasters	Halifax
974612	D	21	ACS	10/20/2013	Miller, Bruce	Faithfully Speaking Toastmasters Club	Dartmouth
6871	E	3	ACS	10/04/2013	Maxted, Deborah	True Blue Toastmasters	Moncton
5382	E	3	ACG	10/23/2013	Steeves, Debra Ann	Riverview Canusa Toastmasters Club	Riverview
5382	E	3	CL	10/23/2013	Steeves, Debra Ann	Riverview Canusa Toastmasters Club	Riverview
2672	C	19	CL	10/18/2013	Walsh, Shane P.	Golden Club	Fredericton
7926	G	7	CL	10/17/2013	Green, Scott G	Merrimasters Toastmasters Club	Nashua
897	B	5	CL	10/10/2013	Tompkins, Randy	Bangor Toastmasters Club	Bangor
821874	F	11	CL	10/09/2013	David, Jesse	Dal Toastmasters	Halifax
1843	C	4	CL	10/09/2013	Boniecka-Grzelak, Joanna I.	Harbourside Club	Saint John
7926	G	7	CL	10/08/2013	Green, Shauna M.	Merrimasters Toastmasters Club	Nashua
2927245	C	4	CL	10/07/2013	Savoy, John W.	Xerographically Speaking	Saint John
2927245	C	4	CL	10/07/2013	Cooper, Sherry G.	Xerographically Speaking	Saint John
2927245	C	4	CL	10/07/2013	Chaisson, Lois	Xerographically Speaking	Saint John
821874	F	11	CL	10/04/2013	Jackson, Neil	Dal Toastmasters	Halifax
1721491	E	3	ALB	10/10/2013	Murray, Karen F.	Bagtown Babblers	Sackville
5382	E	3	PLE	10/24/2013	Steeves, Debra Ann	Riverview Canusa Toastmasters Club	Riverview

Club Anniversaries



<u>Club #</u>	<u>Club</u>	<u>Date</u>	<u>Anniversary</u>
1561823	Kearsarge Toastmasters	10/10/2010	3
1067480	J-Talkers - Club	10/24/2007	6
1051631	Brattlemasters	10/25/2007	6
658056	Coastmasters Club	10/8/2004	9
7925	Merrimasters Toastmasters Club	10/1/1990	23
5382	Riverview Canusa Toastmasters Club	10/01/1989	24
1769	Speak-Easies Club	10/1/1973	40
3216	Downtown Speakers Club	10/01/1968	45
2439	Nashua-Hudson Club	10/22/1962	51



Like us on Facebook



2013 Fall Conference November 1-3!

*Why should you attend this Fall Conference?
Fall Conference provides an opportunity to*

- ⇒ Meet and learn from other Toastmasters
- ⇒ Participate in great educational sessions
- ⇒ Observe and learn from the District's best Evaluation and Humorous Speakers
- ⇒ Celebrate District 45's great achievements.

Online registration: <http://fall.district45conference.com/registration.php>

Conference Registration: \$150

Book your Hilton hotel room @: 1-800-561-8282.



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