

District 45 Toastmasters Newsletter

# CAN-AM LINK



## *It Only Takes a Moment...*

*Patricia MacNevin, DTM, Lieutenant Governor Education & Training*

Many times as Toastmasters we offer assistance very willingly and without purpose or want of recognition. To the 2014 Spring Conference Planning Committee, magical words of thanks are difficult to express. Because of you we had a very successful conference in South Portland, Maine on May 23-25, 2014. Donna Tasker agreed to be our Conference Chair and performed this role spectacularly! She and the committee were tasked to help the District organize its spring conference in less than a two-month window – a mammoth task but very well accomplished. I found this poem and I hope that it helps express my sincere thanks to Donna, the committee members and volunteers.



### **It Only Takes A Moment**

It only takes a moment to reach out to be a friend, but to the one who needs you the memory never ends. A simple act of kindness to a person you don't know may plant a seed of friendship that for them will always grow. We sometimes lose perspective of the difference we can make, when we care more of our giving and care less of what we take. So remember that your actions may help change a life someday. Always think about the person that you meet along the way. For it only takes a moment to reach out to be a friend, but to the one who needs you the memory never ends.



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A warm appreciation to everyone for your enthusiasm, dedication and efforts!

## Toastmaster Leadership Institute (TLIs)-Learn, Share and Re-energize!

*Shane Walsh, DTM, Public Relations Officer*

The Toastmasters Leadership Institute (TLI) is the premier training program for club officers and all Toastmasters are welcome. TLIs are held twice a year, once in spring and once in winter. This is an opportunity to evaluate your progress, develop new ideas, and reconnect with friends. This one day event features officer training sessions to help officers effectively complete their duties on the club executive and educational sessions on communication and leadership skills for personal development. TLIs are designed to assist members not only in their Toastmasters journey, but also in life as they speak and lead in their families, communities, and workplace.

As an added bonus, District 45 recently launched the **Lucky 7 award**. This award recognizes clubs for having seven individual club officers trained. The District executive anticipates that this award will encourage more officers to be trained at our Toastmaster Leadership Institutes (TLIs). Clubs that have their 7 officers trained in both the winter and spring TLI will receive a Lucky 7 Ribbon for their Club banner. As well, if the club will be entered into a draw for two officers to attend Spring Conference.



The TLI is led by your Division Governor and Area Governors. Meet, network, and have fun with other Toastmasters. Share ideas and resources. Many people say, "I wish I attended a TLI sooner!" Don't wait, attend one of the TLI's in your division. An list of TLIs by division and the agenda are included below.

## Toastmaster Leadership Institute (TLIs)-Spring Sessions by Division

Division	Date	Time	Location	Division Governor
A	28-Jun-14	9am	Dept. of Environmental Services 28 Hazen Drive, Concord, NH	Richard Huntley ACS/CL
B	14-Jun-14		UNUM Insurance Portland Me	Bob Bechtold, ACB/ALB
	21-Jun-14		Thomas College, Waterville Me	
	28-Jun-14	9:30am	Portsmouth Library Portsmouth NH	
C	21-Jun-14	9:30am	Holy Family Parish Church Hall Hanwell Rd, Fredericton NB	Mark Dykeman ACS/ALB
D	21-Jun-14		St. Vincent de Paul Church Flying Cloud Drive Dartmouth NS	Collette Suanders DTM
E	28-Jun-14	9am	169 Industrial Dr Borden-Carleton , PE	Stephane Parent ACG/ALB
	05-Jul-14	9am	TBD	
	23-Aug-14	9am	Université de Moncton	
F	21-Jun-14	8:30am	St. Vincent de Paul Church Flying Cloud Drive Dartmouth NS	Heather Perkins, DTM
G	21-Jun-14	9:30am	Veterans Education Center White River Jct VT	Rhonda Deos ACG/ALB



**District Governor**  
Sharon Jacques, CC

**LG Education & Training**  
Patricia MacNevin, DTM

**LG Membership & Marketing**  
Sandra Hachey, ACG, ALB

**Public Relations Officer**  
Shane Walsh, DTM

**District Secretary**  
Lesley Bechtold, TM

**District Treasurer**  
Conrad Brock, CL

**Past District Governor**  
Donna Tutty, DTM

District website  
[www.toastmasters45.com](http://www.toastmasters45.com)

Toastmasters  
International  
[www.toastmasters.org](http://www.toastmasters.org)

**District Mission**  
We build new clubs and  
support all clubs in achieving  
excellence.

## **DISTRICT 45**

### **Club Officer Training**

### **Summer Session (2014)**

June 1, 2014 – August 31, 2014

#### **Welcome and Introductions**

*Ice Breaker – Get to know one another through a fun exercise*

#### **Creating Club Quality**

- **Introduction** (5min)
- **Member Experience** (30min)
- **Club Quality** (25min)
- **Moments of Truth & DCP** (30min)
- **Team Work** (30 min)

#### **Club Officer Roles & Responsibilities Breakouts**

- **President**
- **Vice President Education**
- **Vice President Membership**
- **Vice President Public Relations**
- **Secretary**
- **Treasurer**
- **Sergeant at Arms**

#### **Membership Recruitment & Retention**

*Leading Your Club to Success*

*Presentation / Workshop: (Division choice)*

#### **Wrap Up**

***Remember – Every Member Matters!***

## Spring Conference 2014

### Tom Goodwin, Area 20 Governor

The District 45 Spring Conference was held May 23-25 in Portland, ME. For those who weren't able to attend, you missed a great educational and networking opportunity. Here are the highlights of the conference:

On Friday evening, following the Opening Ceremonies and Parade of Banners, Tom Dowd hosted Guts and Glory. This was a Table Topics style competition where participants related a moment from their past in which they displayed Guts or achieved Glory. **Russ Jarvis, ACS, ALB** won the Glory category and **Mandy Hoegen** won in the Guts category.

Saturday morning was filled with the early morning District Executive Council (DEC) Meeting and seven educational sessions leading up to the Awards Luncheon. Following lunch, the District Council Meeting was held, highlighted by the election of District officers for 2014-2015. The elected officers for the 2014-15 year, which commences July 1, are:

District Governor - **Patricia MacNevin, DTM**

Lt. Gov. of Education and Training - **Sandra Hachey, ACG, ALB**

Lt. Gov. of Marketing - **Shane Walsh, DTM**

Public Relations Officer - **Tom Goodwin, DTM**

Division Governors

**Division A - Leslie Alcorn, ACB, ALB**

**Division B - Tom Dowd, ACG, ALB**

**Division C - Jim Wisted, ACB, ALB**

**Division D - Heather Perkins, DTM**

**Division E - Jeanne Mance Cormier, DTM**

**Division F - Russ Jarvis, ACS, ALB**

**Division G - Shauna Green, CC, ALB**



After the District Council Meeting, **Carl Duivenvoorden, DTM**, Chief Ambassador for the Revitalized Educational Program (REP) provided an update on the progress of the program and answered as many questions as possible from the attendees. Much about the program is still in development and updates will be provided through club visits by the District's REP Ambassadors in the future as well as through future newsletter articles.

In the late afternoon on Saturday, we finally reached the event everyone had been waiting for, the District 45 International Speech Contest. After seven outstanding speeches, **Joe Grondin, ACG, ALB** was named the winner and will represent District 45 this August at the International Convention in Kuala Lumpur, Malaysia for the title of World Champion of Public Speaking.

The keynote speaker at Saturday night's District Governor Banquet was **Jim Kokocki, DTM**, 1st Vice President of Toastmasters International and a member of Saint John Toastmasters in our district. He gave us a wonderful presentation on the future of Toastmasters International and the changes which are coming in the future.

On Sunday, the District Table Topics Contest was held with the question of "Can you lie without saying a word?" After all six contestants had responded to the question and the judges' ballots were tallied, **Michael Learie** was announced as the winner of District 45's 2014 Table Topics Contest.

The last order of business for the conference was the induction of the District Officers for 2014-2015 and a preview of our next conference. The fall conference will be held on the weekend of **Oct 24-26 in Charlottetown, PE**. The conference theme is "**Awaken, Accelerate, Attain.**"

Prince Edward Island is a beautiful island and great for a fall weekend getaway.

## Education Achievements, May 2014

Award	Member	Club	Location
CC	Stickney, Timothy L	Granite Place Club	Concord
CC	Heath, Brian P.	Kennebec Valley Toastmasters	Augusta
CC	Patil, Ravikant A	Bangor Toastmasters Club	Bangor
CC	Milne, Judith A.	Wolfville Toastmasters	Wolfville
CC	Black, Kristle L.	Dirigo Toastmasters Club	Belfast
CC	Mercer, Wayne	Harbourview Club	Halifax
CC	Wrobel, Ron	MDI Toastmasters	Bar Harbor
CC	Kent, Brian Charles	Dartmouth Toastmasters Club	Dartmouth
CC	Balcom, Suzanne	Wolfville Toastmasters	Wolfville
CC	Hoch, Allen R	Moultonboro Toastmasters	Moultonborough
CC	Lanteigne, Roger	Arcadie du Grand Caraquet	Caraquet
CC	Gallagher, Linda L.	Concord Toastmasters Club	Concord
CC	Dube, Peter P.	Maine Fab Toastmasters	South Portland
CC	Dorfschmidt, Barbara D	Karner Blue Toastmasters	Concord
CC	McCabe, Jackie	East Toasters @ADP	Dartmouth
CC	Marchbank, Susan A	Speak-Easy Toastmasters Club	Summerside
CC	McClenaghan, Harry	Kennebecasis Club	Quispamsis
CC	Clark, Heather M	2211 Toastmasters	Portland
CC	McIntosh, Maureen	Riverview Canusa Toastmasters Club	Riverview
CC	Noel, Jean-Claude	Saint John Club	Saint John
CC	Kokocki, James B.	Saint John Club	Saint John
CL	Stanford, Kathy M.	Dartmouth Toastmasters Club	Dartmouth
CL	Zemgulis, Mark	Tri-City Toastmasters	Dover
CL	Black, Kristle L.	Dirigo Toastmasters Club	Belfast
CL	Robinson, Dean F.	Karner Blue Toastmasters	Concord
CL	Dorfschmidt, Barbara D	Karner Blue Toastmasters	Concord
CL	Turner, Wayne	George Burton Club	Halifax
CL	Rumbaugh, Sandra V	Nashua-Hudson Club	Nashua
CL	LeBlanc, Nathalie	Wolfville Toastmasters	Wolfville
CL	Cormier, David	Riverview Canusa Toastmasters Club	Riverview
ACB	Stanford, Kathy M.	Dartmouth Toastmasters Club	Dartmouth
ACB	Crosby, Bill	Kennebec Valley Toastmasters	Augusta
ACB	Keddy, Andrew M.	Speakeasy Toastmasters Club	Truro
ACB	Nowak, Debra E.	Brunswick Toastmasters	Brunswick
ACB	Beehan, Karen	Harbourview Club	Halifax
ACB	Keldsen, Kyle	Merrimasters Toastmasters Club	Nashua
ACG	Hachey, Sandra	Advanced Dawn Breaker Club	Sussex
ACG	Turner, Wayne	George Burton Club	Halifax
ACS	Loomer, Jennifer A.	Kennebecasis Club	Quispamsis
ACS	Tabb, Yvonne V.	MDI Toastmasters	Bar Harbor
ALB	Ford, Betty A.	Bangor Toastmasters Club	Bangor
ALB	Hebert, Jeff D.	Maine Fab Toastmasters	South Portland
ALB	Ripley, Jill	Portsmouth Toastmasters	Portsmouth
ALB	Green, Shauna M.	Souhegan Speakers and Leadership Club	Amherst
ALB	Harding, Wendy	Rise and Shine Advanced Toastmasters	Fredericton
ALB	Comeau, Janice S.	Yarmouth Toastmasters Club	Yarmouth
ALB	Nadeau, Crystal R.	Maine Fab Toastmasters	South Portland

## Educational Awards, May 2014 continued

ALS	Hanley, Carol Ann	Mid Day Toastmasters	Fredericton
DTM	Hanley, Carol Ann	Mid Day Toastmasters	Fredericton
LDREXC	Hanley, Carol Ann	Mid Day Toastmasters	Fredericton
LDREXC	Newman, S. John	Speak-Easy Toastmasters Club	Summerside

# Congratulations!

## Did you know?

By Shane Walsh, DTM

The Toastmaster year starts July 1, 2014 but there are a few tasks that must be completed beforehand. The new club executive officer list must be registered with TI online. This task may be completed by the current executive, usually by the club president or secretary. The next task is for the club executive is to attend a TLI and complete a club success plan. The success plan is a guide for your executive to assist you in achieving your goals. Finally, don't forget about the current membership recruitment contest, "Beat the Clock". Clubs adding five new, dual or reinstated members during May and June receive a "Beat the Clock" ribbon to display on the club's banner. In addition to the ribbon, qualifying clubs earn a special discount code for 10-percent off their next club order.

## Club Anniversaries

<u>Cub #</u>	<u>Club</u>	<u>Year</u>	<u>Anniversary</u>
8183	Speakeasy Toastmasters Club	1991	23
4402	Kennebecasis Club	1997	17
6423	Civil Speakers Club	2003	11
1651483	Arcadie du Grand Caraquet	2011	3
1721491	Bagtown Babblers	2011	3
1658434	Spirited Speakers Toastmasters Club	2011	3
2998237	Scotiabank Money Talks	2013	1

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