

District 45 Toastmasters Newsletter

CAN-AM LINK

Where Leaders Are Made

Patricia MacNevin DTM, District Governor



We have had a great year in Toastmasters and there are still a few more days to achieve! As of June 28th, there are more members in our District (well membership payments); there are 7 new clubs and there are many educational achievements. I hope that this year has brought you many successes in your personal and professional lives.

Each of the Division and Area Governors were empowered to achieve a Competent Communicator (CC) and a Competent Leader (CL) as they were entrusted with many responsibilities and opportunities. I believe most of our DEC Officers have achieved at least one designation. Congratulations!

Every member of our District has had opportunity to be entertained, to be informed and to be motivated. Through the wonderful conferences, the Toastmasters Leadership Institutes (TLIs), the speech contests, Open Houses, and Toastmasters Day October 15, 2014, there has been opportunity for members to step up and take risks, to learn and to grow. The journey is phenomenal, the path is varied from member to member, but overall – it does not take extraordinary measures to do extraordinary things in Toastmasters. Each member is a testament to the Toastmasters program from one end of our District to another (and our geographic region is vast – reaching from Cape Breton Island in Nova Scotia to the northern tip of Vermont – three States and three Provinces). We are a unique District and we have unique members.

Your District has had excellent leadership – Malinda Regimbal, our Public Relations Officer located in Halifax, NS; Tom Goodwin, our Lt. Governor of Marketing located in Wolfeboro, NH, and Sandra Hachey, our Lt. Governor of Education & Training, located in Saint John, NB. Each has contributed immensely to the success of our clubs, areas, divisions and District. These individuals will be moving forward with new roles and new titles – Sandra is the first District Director, Tom is the first Program Quality Director, Malinda is the first Club Growth Director. The District also welcomes Angi Francesco as the Public Relations Manager. I will serve as the Immediate Past District Governor and work with the new team in 2015-2016.

Thank you for allowing me to serve as your District Governor in 2014-2015. I've encountered many challenges, but more importantly, I've gained immeasurably from you, our members. You have enlightened my horizons, you have taught me new skills and you have supported me. I am here today because of you and I THANK YOU from the bottom of my heart for a fantastic year serving you. I wish each and every one a fabulous summer and many years filled with new challenges and achievements in Toastmasters. My door is always open and I hope to hear from you as we continue to share the benefits of **Toastmasters – Where Leaders Are Made.**

Patricia MacNevin, DTM

District 45 Governor 2014-2015

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Time to Start a New Year

Tom Goodwin, DTM, Lt. Governor Marketing

As we reach the end of the Toastmaster year, it is a perfect time to reflect back on the past year at the District level, the Club level and the individual member level.

As a District we have had numerous successes and a few failures. We have added seven new clubs to District 45. Congratulations to **TD Legendary Leaders, Pleasant Street Toastmasters, Sun Life Speaks, River Valley Toastmasters, Gracefully Speaking Toastmasters, Merrimack Motivators and Portland Harborside Toastmasters** and to all of the club sponsors, club mentors, charter members and district officers who helped make these clubs possible. Unfortunately, our District has also experienced a number of clubs which have had to fold or suspend their meetings due to lack of active membership. The result being that our District increased in size by only one club. Overall, our membership numbers have increased by nearly 3%. We as a District should be very proud of everything we accomplished.



At the Club level, currently 46 of our clubs will be recognized as Distinguished Clubs, with an additional 17 clubs achieving the required DCP goals necessary but lacking the membership strength to be recognized as Distinguished. These numbers represent the strong active membership and the passion for the Toastmaster's ideals present in clubs throughout the District.



At the individual member level, I would like to ask each of you, "Did you achieve your goals for the past year?" Whether or not you achieved your goals, take this time to reflect upon your experiences from the last year, the positives and the negatives. What did you learn from Toastmasters that you carried out of the club and into your personal and professional life?

Lastly, it is now time to focus on the future. In the coming months, the District and each club will be working on their success plans for the coming year, setting goals and identifying tasks to accomplish these goals. I urge each member to also create a personal success plan. What do you want to achieve in the coming year? What tasks do you need to tackle to make these goals a reality? We must all remember that it is only through helping members achieve their goals, that our clubs and ultimately our District can be successful.



Thank you to all of the members for allowing me to serve as Lt. Governor of Marketing for the past year, and I look forward to working with everyone as your Program Quality Director in the coming year.

Tom Goodwin, DTM

Lt. Governor Marketing, 2014-15



WHERE LEADERS ARE MADE

www.toastmasters.org

The Year in Review

By Award

CC Awards	184
CL Awards	116
ALB Awards	53
ACB Awards	50
ACS Awards	27
LDREXC	19
ALS Awards	15
ACG Awards	14
DTM Awards	13
TOTAL	491

By Division

Division B	96
Division C	74
Division E	71
Division D	70
Division A	63
Division F	61
Division G	56

By Member (4 or more Awards)

Sue Francesco	7
Bob Bechtold	6
Tom Goodwin	6
Scott Green	6
Cheryl Grant	5
Heather Perkins	5
Candice Buell	4
Heather Clark	4
Rosemary Drisdelle	4
Mark Dykeman	4
Angi Francesco	4
Joe Grondin	4
Sandra Hachey	4
Wendy Harding	4
Jeff Hebert	4
Anne Pelkey	4
Patricia Smith	4
Donna Tasker	4
Michael Thompson	4
David Tucker	4

By Club (10 or more Awards)

White Mountain Toastmasters Club	15
Dartmouth Toastmasters Club	14
Wolfville Toastmasters	13
Blueberry Hill Club	12
Maine Fab Toastmasters	12
McCain Toastmasters	12
MDI Toastmasters	12
Premiere Toastmasters Club	12
Schooner Club	12
Karner Blue Toastmasters	11
Merrimasters Toastmasters Club	11
2211 Toastmasters	10
Golden Club	10
Riverview Canusa Toastmasters Club	10
Successfully Speaking Woman	10

DEC Officer Recaps

In my year as division governor, I learned that Toastmaster members can step up to meet any challenge, find ways to make it happen, and learn more about themselves than they ever imagined. My year has been full of learning about Toastmasters policy and protocol, while keeping the ship moving in the right direction to allow everyone to grow at their own pace and style. More importantly, communication and leadership remain the critical foundation for all of our success.

Tom Dowd, Division B Governor

My takeaway from being Division Governor is not so much a new learning as a reminder. That reminder is that we need to be in constant communication with the clubs and reminding them of deadlines. All the clubs in Divisions D and F have submitted their officer lists for next year but that only happened with repeated follow-up but it shows that follow-up can work. We too often assume clubs know what they should be doing but too often they don't and it's our responsibility as District leaders to continually teach them what they need to know.

Heather Perkins, Divisions D and F Governor

My experience as Area Governor was a very pleasant, informative journey which provided the opportunity to meet wonderful people along the way. I experienced extremely pleasant club atmospheres, different dynamics within clubs and calibers of clubs. As a toastmaster I grew as a leader, facilitator, and communicator as a result of interactions with Club Members, Area Governors and Division Governors.

Sheila Rhys, ACB, ALB, Area 11 Governor

"Turn Your Key"! Was a door opening experience for me as Area 13 Governor! My very best year in Toastmasters! I learned a lot, listened a lot and socialized a lot! I learned that the talented Toastmasters in my clubs have fun learning and love to achieve.....they work to the final hour to support District goals and leaders... their inspiration comes from the top (at D45) and ripples downward. The overwhelming support for "every " activity during the past year yielded great success. We celebrated a new club, grew in membership and finished as a Distinguished Area. Thank you D45 for this enriching opportunity!

Cheryl Grant, ACS ALB, Area 13 Governor

My 2014-15 term as an Area Governor was memorable. It opened my eyes to the broader Toastmasters world beyond my home club (eg. membership challenges; networking with veterans; available online resources; and appreciating the varied ways for achieving a similar set of performance goals). The time and out of pocket expenses involved were both significantly more than I expected. I believe some other Area Governors shared a similar experience. Perhaps this contributes to the challenge of recruiting the next group of Area or Division Directors. This role is not for everyone, and I would only selectively recommend it for others.

Cameron Ells, Area 21 Governor

Are you interested in a role on the DEC?

If you would like to put your name forward for a position, send us an [email](#)!

Club Anniversaries—June 2015

Club Number	Club Name	Charter Date	# of Years
3119	Dartmouth Toastmasters Club	6/1/1963	52
1955	Savvy Speakers	6/1/1976	39
3978	Schooner Club	6/1/1979	36
4227	TM of Manchester Club	6/10/1980	35
4588	Sackville Club	6/1/1981	34
4899	Toastmasters of Greater Burlington	6/1/1982	33
6954	Concord Toastmasters Club	6/1/1988	27
7347	Amoskeag Better Communicators	6/1/1996	19
9558	Greater Portland Toastmasters Club	6/1/1997	18
1843	Harbourside Club	6/26/2001	14
4085	Confederation Club	6/19/2003	12
9985	Spotlight Toastmasters Club	6/30/2003	12
676508	Granite Place Club	6/21/2004	11
693873	River View Community Speakers	6/30/2004	11
778824	CORE	6/1/2007	8
3596556	Mt. Washington Valley Toastmasters	6/7/2014	1

Educational Achievements—June 2015

AWARD	NAME	CLUB	LOCATION
DTM	McCann, Michael F.	Ad Libs Club	Portsmouth
LDREXC	Kakade, Manasi V.	TM of Manchester Club	Manchester
LDREXC	Grant, Cheryl Darlene	Fredericton Toastmasters Club	Fredericton
LDREXC	Smith, Patricia E.	Miramichi Toastmasters	Miramichi
LDREXC	Riley, Elsa M.	Speak-Easy Toastmasters Club	Summerside
ACG	Savoie, Nicole	Hub City Toastmasters Club	Moncton
ACG	Arsenault, Ray Joseph	Miramichi Toastmasters	Miramichi
ACS	Ruane, Danielle	Capital Toastmasters	Concord
ACS	Trantham, Kathleen T.	Horseshoe Pond Toastmasters Club	Concord
ACS	Duivenvoorden, Carl J.	Civil Speakers Club	Fredericton
ACS	Walsh, Shane P.	Golden Club	Fredericton
ACS	Wisted, James E.	Golden Club	Fredericton
ACS	Crosby, Bill	Kennebec Valley Toastmasters	Augusta
ALS	Tasker, Donna M.	Blueberry Hill Club	Portland
ALS	Walsh, Shane P.	Golden Club	Fredericton
ALS	Smith, Patricia E.	Miramichi Toastmasters	Miramichi
ALS	Riley, Elsa M.	Speak-Easy Toastmasters Club	Summerside

Congratulations to all award recipients for June!

Educational Achievements—June 2015, continued

AWARD	NAME	CLUB	LOCATION
ACB	Bellemare, Kenneth	Bagtown Babblers	Sackville
ACB	Jackson, Neil	Dal Toastmasters	Halifax
ACB	Workman, Sylvie L.	White Mountain Toastmasters Club	Plymouth
ACB	Saunders, Debbie	Successfully Speaking Women	Halifax
ACB	Worth, Ben	Sears-Halifax Club	Halifax
ACB	McCabe, Jackie	East Toasters @ADP	Dartmouth
ACB	Green, Scott G.	Souhegan Speakers and Leadership Club	Amherst
ACB	Kelsey, Joan C	Kennebec Valley Toastmasters	Augusta
ACB	Chowdhury, Rajeev S.	Wolfville Toastmasters	Wolfville
ACB	Benedict, Jackie	Wolfville Toastmasters	Wolfville
ACB	Blumsum, John D.	Spirit-Ed Toastmasters Club	Halifax
ACB	Bell, Barbara L.	Sackville Club	Lower Sackville
ACB	Chapman, Dale Gordon	True Blue Toastmasters	Moncton
ACB	Parent, Stephane Rheal	Premiere Toastmasters Club	Charlottetown
ACB	Allen, Sharon E.	Bagtown Babblers	Sackville
ACB	Dunn, Darlene D	Premiere Toastmasters Club	Charlottetown
ACB	Chessman, Holly F.	Dartmouth Toastmasters Club	Dartmouth
ACB	Leavitt, Randall	Fredericton Toastmasters Club	Fredericton
ACB	Finlay, Kathleen E.	Harbourview Club	Halifax
ALB	Murray, Edie C.	Annapolis Valley Toastmasters Club	Greenwood
ALB	Ruane, Danielle	Capital Toastmasters	Concord
ALB	Parsons, Christine S.	East Toasters @ADP	Dartmouth
ALB	Bouchard, Rheo J.	Souhegan Speakers and Leadership Club	Amherst
ALB	Fernie, Christine Anne	Wolfville Toastmasters	Wolfville
ALB	Bilodeau, Alain Guy	Kennebecasis Club	Quispamsis
ALB	Deguire, Claudette	ComMunique Acadie	Tracadie-Sheila
ALB	Hall, Carol L.	Dartmouth Toastmasters Club	Dartmouth
ALB	Chessman, Holly F.	Dartmouth Toastmasters Club	Dartmouth
ALB	Leavitt, Randall	Fredericton Toastmasters Club	Fredericton
ALB	Drisdelle, Rosemary S.	Burnside Business Toastmasters	Dartmouth

Congratulations to all award recipients for June!

We had so many award recipients in June, we needed 4 pages!

Educational Achievements—June 2015, continued

AWARD	NAME	CLUB	LOCATION
CC	McIntosh, Maureen	Bagtown Babblers	Sackville
CC	Ndukum, Juliet	MDI Toastmasters	Bar Harbor
CC	Gorman, Glen D.	Rise and Shine Advanced Toastmasters	Fredericton
CC	Crozier, Horace E.	Speak-Easy Toastmasters Club	Summerside
CC	Archebault, Ginette	Golden Club	Fredericton
CC	Auffrey, Vincent F.	Club AcadiUM	Moncton
CC	Sanford, Debra L.	TD Legendary Leaders Toastmasters	Falmouth
CC	Bradley, Roger	Golden Club	Fredericton
CC	Oliva Rodriguez, Mavis	Hub City Toastmasters Club	Moncton
CC	Kirkpatrick, Jerry E.	Hub City Toastmasters Club	Moncton
CC	Tremblay, Kevin P.	Bangor Toastmasters Club	Bangor
CC	Accettullo, Donna M.	Bangor Toastmasters Club	Bangor
CC	Walsh, Shane P.	Golden Club	Fredericton
CC	Detchevery, Brad P	Fredericton Toastmasters Club	Fredericton
CC	Mallette, Timothy S.	Karner Blue Toastmasters	Concord
CC	Young, Joyce A	Merrimasters Toastmasters Club	Nashua
CC	Tabb, Yvonne V.	MDI Toastmasters	Bar Harbor
CC	Murray, Edie C.	Annapolis Valley Toastmasters Club	Greenwood
CC	Mmoloke, Charles P	Downtown Speakers Club	Halifax
CC	Cornwell, Elizabeth	Blueberry Hill Club	Portland
CC	Bouchard, Rheo J.	Souhegan Speakers and Leadership Club	Amherst
CC	Wisted, James E.	Golden Club	Fredericton
CC	Estevao, Elias	Tri-City Toastmasters	Dover
CC	Haller, David F	Tri-City Toastmasters	Dover
CC	Gallant, Maureen	Speak-Easy Toastmasters Club	Summerside
CC	Bernard, Rose	Speak-Easy Toastmasters Club	Summerside
CC	Hermann, Lois A	Souhegan Speakers and Leadership Club	Amherst
CC	Gouthro, John Vincent C	Dartmouth Toastmasters Club	Dartmouth
CC	Jefferies, Andrew G.	Spirited Speakers Toastmasters Club	Fredericton
CC	Lapierre, James R.	Spirit-Ed Toastmasters Club	Halifax
CC	Grant, Cheryl Darlene	Fredericton Toastmasters Club	Fredericton
CC	Goodspeed, Linda	Rutland Area Toastmasters	Rutland
CC	Powers-Bellew, Sue E.	Rutland Area Toastmasters	Rutland

Congratulations to all award recipients for June!

Educational Achievements—June 2015, continued

AWARD	NAME	CLUB	LOCATION
CC	Hann, Mary E	Tri-City Toastmasters	Dover
CC	Nunnally, Cindy A	Concord Toastmasters Club	Concord
CC	Bodensteiner, Thomas A	Exeter Speak-Ups Club	Exeter
CC	Olum, Julie M	Kennebec Valley Toastmasters	Augusta
CC	Bechtold, Bob	MDI Toastmasters	Bar Harbor
CC	Hache, Marie Ghislaine	ComMunique Acadie	Tracadie-Sheila
CC	Drisdelle, Rosemary S.	Burnside Business Toastmasters	Dartmouth
CC	Marchbank, Paul F.	Speak-Easy Toastmasters Club	Summerside
CC	Regimbal, Malinda	Schooner Club	Halifax
CC	Belliveau, Guy Jean	Premiere Toastmasters Club	Charlottetown
CC	Mackinnon, Diane	Nashua-Hudson Club	Nashua
CC	Parsons, Christine S.	East Toasters @ADP	Dartmouth
CL	Ruane, Danielle	Capital Toastmasters	Concord
CL	Wisted, James E.	Golden Club	Fredericton
CL	Allen, Sharon E.	Bagtown Babblers	Sackville
CL	Pasatieri, Norma J.	Speak-Easy Toastmasters Club	Summerside
CL	Hanley, Carol Ann	Mid Day Toastmasters	Fredericton
CL	Bohm, Jonathan C.	Portsmouth Toastmasters	Portsmouth
CL	Grant, Cheryl Darlene	Golden Club	Fredericton
CL	Parsons, Christine S.	East Toasters @ADP	Dartmouth
CL	Patel, Nita K.	TM of Manchester Club	Manchester
CL	Comeau, Chantal E.	ComMunique Acadie	Tracadie-Sheila
CL	Bouchard, Rheo J.	Souhegan Speakers and Leadership Club	Amherst
CL	Hall, Carol L.	Dartmouth Toastmasters Club	Dartmouth
CL	Stickney, Timothy L	Granite Place Club	Concord
CL	Allen Simpson, Julie Ann	Concord Toastmasters Club	Concord
CL	Adams, Deborah A.	Sackville Club	Lower Sackville
CL	Kirsch, Marina D.	Exeter Speak-Ups Club	Exeter
CL	Deguire, Claudette	ComMunique Acadie	Tracadie-Sheila
CL	Drisdelle, Rosemary S.	Burnside Business Toastmasters	Dartmouth
CL	Clark, MT	Kennebec Valley Toastmasters	Augusta
CL	Brooks, Dorothy M.	Brunswick Toastmasters	Brunswick

Congratulations to all award recipients for June!