

District 45 Toastmasters Newsletter

CAN-AM LINK



Is your lemonade Pink?

Sharon Jacques, *CC, District Governor*



According to a 1912 New York Times article, Henry E. Allott, a circus promoter, was the originator of the Pink Lemonade drink. One day while mixing a batch of yellow lemonade he dropped some red cinnamon candies in by mistake, and the rest is history.

Enough of the history lesson; how was your Toastmasters year? Did you get out of it what you had planned? Are you looking forward to your new Toastmaster year, which is right around the corner?

Now is the time to take a moment, and reflect on how your year went and put into place plans to make next year a great year for you. Personally speaking, I didn't have the exact year I thought I was going to have; however I learned more than I would have if I had a picture perfect year, and I believe I am a better leader because of it. (The best lemonade is made from the sour lemons)



When you are looking at your upcoming Toastmasters year, don't be timid to go back to your beginnings or to step outside your comfort zone. Some of the most wonderful experiences have come from unexpected journeys.

Next year, I am looking forward to being the President of my home club – Harbourside Toastmasters, and using the skills I've learned on the District team. (When you're making your lemonade, don't be afraid to freelance - we've all enjoyed a glass of pink lemonade).

Take the plunge, embrace the learnings from this year, and plunge into your 2014-2015 Toastmasters year like there is no tomorrow!



Lemonade



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Distinguished Toastmasters, 2013-14

- | | | |
|-------------------|--------------------|-------------------|
| Collette Saunders | Raymond Savoie | Carey A. Loukides |
| Carol Ann Hanley | John Newman | Debra Ann Steeves |
| Rhonda D. Deos | Carl Duivenvoorden | Mark A. Henkel, |
| Edward Wedler | Brian E. Shanks | |

CONGRATULATIONS!

Achievement

Patricia MacNevin, DTM, Lieutenant Governor Education & Training

The dictionary defines achievement as “*something that has been done or achieved through effort – a result of hard work.*”

This year, our District has achieved Distinguished District, a result of each and every member contributing in multiple ways to their personal and professional development within a Toastmasters club. Your success in Education awards has surpassed my expectations this year. I set a stretch goal of 10% improvement over 2012-13's year of success. You / we had a 13.5% increase as of June 29, 2014!! Congratulations!!

The combination of education, administration and membership (the 3 components of a club's Distinguished Club Plan, DCP), demonstrates your belief in the Toastmasters program and your desire to continually learn communication and leadership skills.

Over the past few weeks, I have watched the education achievements trickle in and I have anxiously watched many members achieve their Competent Communicator, Competent Leader, Advanced Communicator Bronze, Advanced Communicator Silver, Advanced Communicator Gold, Advanced Leader, Advanced Leader Silver and Distinguished Toastmaster! As I write today's article, there are over 450 awards earned in 2014-15 – I am extremely proud of all of District 45's members.

Achievement comes through effort and hard work. While the Toastmasters program is self-paced, there appears to be an urgency to “get it done” before June 30th. Members travelled to other clubs, participated and presented at Toastmasters Leadership Institutes, and earned their awards – many earned Triple Crowns.

Each and every education achievement is worthy of celebration. I know that some members and clubs have held their summer gathering or year-end gathering to celebrate everyone's successes in the 2013-14 Toastmaster year. I hope that this year is a stepping stone to another successful Toastmasters year and I look forward to celebrating your successes at Fall Conference in Charlottetown, Prince Edward Island on October 24-26, 2014. Come to the Gentle Island to Awaken, Accelerate & Attain!



Who is our Regional Advisor and what does she do?

Shane Walsh, DTM, Public Relations Officer

Toastmasters International truly is global with 292,000 members in 14,350 clubs spanning 122 countries. TI has developed a hierarchy of volunteers to help you achieve your personal goals ranging from club officers to district executives, to our international board of directors and president.

Clubs are arranged in areas; areas are arranged in divisions; divisions are arranged in districts and districts are arranged in regions. There are fourteen regions worldwide, and our District 45 is in Region 9, with six districts and encompasses the area between New York and Nova Scotia. Each Region has a Regional Advisor, Our current Regional Advisor for 2014-15, is none other than our Immediate Past District Governor, Donna Tutty, DTM. Donna was appointed Regional Advisor in March 2014 for a 16-month term ending July 1, 2015.

So, what does a Regional Advisor do, you might ask? The role of the RA is to assist our District Executive as they strengthen existing clubs and grow clubs and members. They support district leaders in a number of important ways:

- With district operations such as district success planning
- In identifying marketing strengths and needs of the district
- By developing and mentoring future district leaders
- By facilitating district leader training held at the International Convention and at mid-year

The RAs are a vital link between districts and World Headquarters. Another well-known member of District 45, Heather Perkins, DTM, was the inaugural Regional Advisor in 2010. Congratulations, Donna Tutty, DTM and we look forward to working with you in the coming year.

Planning for Success

Donna Tutty, DTM, Immediate Past District Governor

As we bid farewell to our 2013-2014 Toastmaster year and prepare to start a new beginning in District 45, it is important that we start planning for success early. Successful planning starts when our thoughts and ideas are communicated to others and these ideas accelerate into actions. Planning helps set a road map from where we are to where we want to go. On July 1st new club executives will take on the exciting responsibilities of leading each club to achieve club success in this coming year. There are 3 key elements of planning that can help each club executive team plan for success.

- Set specific goals
- Establish strategies to achieve the goals
- Develop a framework to help carry out the plan and produce successful results

Planning is all about setting goals and goal setting is critical to achieve success. Just as each Toastmaster member sets individual goals for personal growth so should the club executive set goals for club growth and success. Being part of an executive team is an exciting and rewarding commitment. Embrace your commitment and challenge by learning everything you can about your specific role. Reading the Club Leadership Handbook is the first step to being able to lead your club to success. As a leader in your club, area, division and district we all have the opportunity to get involved and lead our teams down the path to success. Planning for success is the first step.

Plan early, plan now and you and your team will be headed down the right path to success! It is never too early to “Plan for Success”!



PRO Year in Review

Shane Walsh, DTM, District Public Relations Officer

Well, my year as PRO is nearing the end and I have two observations: First, as a “numbers guy”, I discovered that the public relations role is a lot of fun. Second, I am so glad I have a lot of friends in Toastmasters I can call on for support and advice. But that is the Toastmasters way, isn't it? My mentors and saviors were many, including but not limited to the District Executive, Division and Area Governors, Heather Perkins, Wendy Harding and especially Michael Thompsen, and Collette Saunders. I have discovered that service at the district level is merely an extension of leadership opportunities at the club level.

Looking back I can be satisfied with completing the tasks assigned to me by our members at the 2013 Spring DEC meeting, the most important of which was to produce twelve newsletters. In fact, I went one further and produced a special newsletter for the 2014 Spring Conference. The credit for this success really belongs to the District, Division and Area Governors who provided articles when called upon.

Our Facebook site is up and running and somewhat used and we do have a Twitter account, but it still isn't used much as I would like. Perhaps as LGM I will learn how to “Tweet” and use this vital tool to keep members apprised of our growth. My year as PRO is ending on a high note as our revitalized website will be ready to go live July 1st.

As I look forward to my year as LGM, I would like to welcome Tom Goodwin, DTM as your incoming PRO. I know Tom will do an outstanding job as PRO and build on the successes of our district leaders.

Have a great summer!



Education Achievements, May 2014

<u>Award</u>	<u>Member</u>	<u>Name</u>	<u>Location</u>
CC	LeBlanc, Nathalie	Wolfville Toastmasters	Wolfville
CC	Smith, Catherine L.	Xerographically Speaking	Saint John
CC	Simpson, Laura A.	Xerographically Speaking	Saint John
CC	Yvonne, Scott	Winning Spirit Club	Moncton
CC	Wareham, Cheryl	East Toasters @ADP	Dartmouth
CC	Rutledge, Gina	East Toasters @ADP	Dartmouth
CC	Perkins, Janice	Schooner Club	Halifax
CC	Kaeuper, John A	Portsmouth Toastmasters	Portsmouth
CC	Therriault, Martine	Arcadie du Grand Caraquet	Caraquet
CC	Bohm, Jonathan C.	Portsmouth Toastmasters	Portsmouth
CC	Adams, Jared S	Speakeasy Toastmasters Club	Truro
CC	Gaudet, Murielle	Civil Speakers Club	Fredericton
CC	Samson, Samuel R.	Schooner Club	Halifax
CC	Flemming, Anna M.	Harbourview Club	Halifax
CC	Ingersoll, Sherry	Kennebecasis Club	Quispamsis
CC	Franklin, Sara K.	Speakeasy Toastmasters Club	Truro
CC	Cormier, Jeanne Mance	Spotlight Toastmasters Club	Charlottetown
CC	Lee, Hanjoo	Dal Toastmasters	Halifax
CC	Whitcomb, Sarah-Elizabeth	Concord Toastmasters Club	Concord
CC	LuBow, Louis J.	Rutland Area Toastmasters	Rutland
CC	Woods, Belinda J	Speak-Easy Toastmasters Club	Summerside
CC	Tremere, Jason	Winning Spirit Club	Moncton
CC	Oram, Joseph	Fredericton Toastmasters Club	Fredericton
CC	Cenatiempo, Mary	Granite Place Club	Concord
CC	Pitre, Tyson D	Winning Spirit Club	Moncton
CC	Francesco, Susan	Karner Blue Toastmasters	Concord
CC	Brouillard, Vincent-Luc	Club AcadiUM	Moncton
CC	Caselden, Donelle L	2211 Toastmasters	Portland
CC	Parent, Stephane Rheel	Premiere Toastmasters Club	Charlottetown
CC	Smith, Patricia E.	Sussex Toastmasters Club	Sussex
CC	Daynes, Sarah	Sussex Toastmasters Club	Sussex
CC	Bitely, Zeny	Fredericton Toastmasters Club	Fredericton
CC	Brooks, Dorothy M.	Brunswick Toastmasters	Brunswick
CC	Green, Scott G.	Souhegan Speakers and Leadership Club	Amherst
CC	Hoffman Adair, Debby	Souhegan Speakers and Leadership Club	Amherst
CC	Cloutier, Marie-Ève	Club AcadiUM	Moncton
CC	Caldwell, Karen D.	Sears-Halifax Club	Halifax
CC	Proulx, Shelley M	Horseshoe Pond Toastmasters Club	Concord
CC	Stickney, Timothy L	Granite Place Club	Concord

Education Achievements, June 2014 Continued

<u>Award</u>	<u>Member</u>	<u>Name</u>	<u>Location</u>
CL	Fernie, Christine Anne	Annapolis Valley Toastmasters Club	Greenwood
CL	McIntosh, Maureen	Riverview Canusa Toastmasters Club	Riverview
CL	Saunders, Collette F.	Successfully Speaking Women	Halifax
CL	Bagley, Sheryl	Portsmouth Toastmasters	Portsmouth
CL	Gaudet, Murielle	Civil Speakers Club	Fredericton
CL	Crain, Geoffrey A.	Greater Portland Toastmasters Club	South Portland
CL	Mabey, Ross	Rise and Shine Advanced Toastmasters	Fredericton
CL	Lanteigne, Roger	Arcadie du Grand Caraquet	Caraquet
CL	Savoie, Raymond J.	True Blue Toastmasters	Moncton
CL	Blanchette, Lisa M	Capital Toastmasters	Concord
CL	Lajoie, Terry A	Souhegan Speakers and Leadership Club	Amherst
CL	O'Laughlin, Mark	CGI Atlantic Toastmasters	Halifax
CL	Benoit, Marie-Chantale	Club AcadiUM	Moncton
ACB	Littlefield, Sharon Leslie	Toast Of The Valley Club	West Lebanon
ACB	Crain, Geoffrey A.	Greater Portland Toastmasters Club	South Portland
ACB	Hoffman Adair, Debby	Souhegan Speakers and Leadership Club	Amherst
ACB	Green, Shauna M.	Souhegan Speakers and Leadership Club	Amherst
ACB	Joudrey, Cyndi A	Kennebecasis Club	Quispamsis
ACB	Mabey, Ross	Rise and Shine Advanced Toastmasters	Fredericton
ACB	Harris, Michael P.	2211 Toastmasters	Portland
ACB	Gaudet, Rena Anne	Speak-Easy Toastmasters Club	Summerside
ACB	Robinson, Dean F.	Karner Blue Toastmasters	Concord
ACB	Sayle, Heidi Catherine	Dartmouth Toastmasters Club	Dartmouth
ACB	Ford, Betty A.	Bangor Toastmasters Club	Bangor
ACB	Buyting, Andy	Fredericton Toastmasters Club	Fredericton
ACB	Wicks, Ericka M.	Speakeasy Toastmasters Club	Truro
ACB	Strong, Kathaleen	Fredericton Toastmasters Club	Fredericton
ACB	Cleland, Glenn	Mid Day Toastmasters	Fredericton
ACB	Maker, Jeff N	Saint John Club	Saint John
ACB	Scott-Mills, Lynda M.	Bagtown Babblers	Sackville
ACB	McLaughlin, Steven W.	Sears-Halifax Club	Halifax
ACS	Gorman, Glen D.	Golden Club	Fredericton
ACS	Arcand, Richard Paul	Karner Blue Toastmasters	Concord
ACS	Spragg, Brian H.	Fredericton Toastmasters Club	Fredericton
ACS	Fernie, Christine Anne	Annapolis Valley Toastmasters Club	Greenwood
ACS	Hill, David A.	Concord Toastmasters Club	Concord
ACG	Duivenvoorden, Carl J.	Civil Speakers Club	Fredericton
ACG	Savoy, John W.	Rise and Shine Advanced Toastmasters	Fredericton

Educational Awards, June 2014 continued

ALB	Robinson, Dean F.	Karner Blue Toastmasters	Concord
ALB	Hoch, Allen R	Moultonboro Toastmasters	Moultonborough
ALB	Dowling, Leora	Toastmasters of Greater Burlington	South Burlington
ALB	Ryan, Maureen E	Successfully Speaking Women	Halifax
ALB	Brassard, Daniel	Arcadie du Grand Caraquet	Caraquet
ALB	Crain, Geoffrey A.	Greater Portland Toastmasters Club	South Portland
ALB	Crowley, Cali	Greater Portland Toastmasters Club	South Portland
ALB	Newman, S. John	Speak-Easy Toastmasters Club	Summerside
ALB	Parent, Stephane Rheal	Premiere Toastmasters Club	Charlottetown
ALB	McCabe, Jackie	East Toasters @ADP	Dartmouth
ALB	McLaughlin, Steven W.	Sears-Halifax Club	Halifax
ALB	Caldwell, Karen D.	Sears-Halifax Club	Halifax
ALB	MacNevin, Patricia A.	Civil Speakers Club	Fredericton
ALB	Crosby, Bill	Kennebec Valley Toastmasters	Augusta
ALS	Newman, S. John	Speak-Easy Toastmasters Club	Summerside
DTM	Newman, S. John	Speak-Easy Toastmasters Club	Summerside
DTM	Duivenvoorden, Carl J.	Civil Speakers Club	Fredericton
LDREXC	Thompson, Michael A.	Schooner Club	Halifax
LDREXC	Savoy, John W.	Xerographically Speaking	Saint John

D45 Triple Crowns 2013-14

Crick, Doreen B.	Buell, Candice L.	Hachey, Sandra	MacNevin, Patricia A.	Ryan, Maureen E
Crowley, Cali	Caldwell, Karen D.	Harding, Wendy	McCabe, Jackie	Sardinha, Joel
Gorman, Glen D.	Corkery, Ronald	Harris, Michael P.	McLaughlin, Steven W.	Saunders, Collette F.
Green, Shauna M.	Crain, Geoffrey A.	Hebert, Jeff D.	Mercer, Wayne	Savoie, Raymond J.
McIntosh, Maureen	Crosby, Bill	Henkel, Mark A.	Miller, Bruce	Savoy, John W.
Newman, S. John	David, Jesse	Hoch, Allen R	Murray, Karen F.	Shanks, Brian E.
Smith, Patricia E.	Duivenvoorden, Carl J.	Jackson, Neil	Nadeau, Crystal R.	Steeves, Debra Ann
Thompson, Michael A.	Fernie, Christine Anne	Keldsen, Kyle	Nowak, Debra E.	Taylor, Marion P.
Arseneault, Vicki-Krista	Ford, Betty A.	Knox, James M	Parent, Stephane Rheal	Turner, Wayne
Beehan, Karen	Gaudet, Murielle	LeBlanc, Nathalie	Reardon, Jeffrey S.	Williams, M. Patricia
Brown, Kathleen	Green, Scott G.	Mabey, Ross	Robinson, Dean F.	

Congratulations!

Club Anniversaries

Club #	Name	Year	Anniversary
3119	Dartmouth Toastmasters Club	1963	51
1955	Savvy Speakers	1976	38
3978	Schooner Club	1979	35
4227	TM of Manchester Club	1980	34
4588	Sackville Club	1981	33
4899	Toastmasters of Greater Burlington	1982	32
6954	Concord Toastmasters Club	1988	26
7347	Amoskeag Better Communicators	1996	18
9558	Greater Portland Toastmasters Club	1997	17
1843	Harbourside Club	2001	13
4505	East Coast Raconteurs Toastmasters	2003	11
4085	Confederation Club	2003	11
9985	Spotlight Toastmasters Club	2003	11
676508	Granite Place Club	2004	10
693873	River View Community Speakers	2004	10
778824	CORE	2007	7
3596556	Mt. Washington Valley Toastmasters	2014	NEW!

CONGRATULATIONS!



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