

District 45 Toastmasters Newsletter

CAN-AM



Holiday Season 2013– A time for reflection and anticipation

Sharon Jacques, CC, District Governor



One of the things I enjoy most about the holiday season is the chance to reflect on the past year and say a big thank you to all of you for your hard work and commitment to Toastmasters.

The first half of our 2013/ 2014 year was busy and productive; you showed that a strong team and personal commitment is a winning combination. During the first half of our 2013/2014 year we welcomed 4 new clubs into our District 45 family:



- Division C – Rise & Shine Toastmasters
- Division G – Champ Masters
- Division D – Wolfville Toastmasters
- Division B – Maine Fab Toastmasters

Year to date we have 3 prospective clubs in Divisions A and C, with other potential clubs being brought forward.

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I continue to be impressed by the commitment you have to your personal growth. During our first half of our 2013/ 2014 year **172 members** achieved educational awards. Educational awards were achieved at all levels of the Toastmasters education program. It is my pleasure to recognize the members below that were the first in each of the education categories to achieve the awards:

- CC (Competent Communicator) – **Sandra Rumbaugh**, Nashua-Hudson Club (July 4, 2013)
 - CL (Competent Leader) – **Mark Henkel**, Running Hill (July 3, 2013)
 - ACB (Advanced Communicator Bronze) – **Sheila Rhys**, Toast of the Coast (July 2, 2013)
 - ALB (Advanced Leader Bronze) – **Dorothy Brooks**, Brunswick Toastmasters (July 2, 2013)
 - ACS (Advanced Communicator Silver) – **Sandra Hachey**, NoonTalkers (July 4, 2013)
 - ALS (Advanced Leader Silver) – **Mark Henkel**, Woodfords TM (July 1, 2013); **Collette Saunders** Successfully Speaking (July 1, 2013)
 - ACG (Advanced Communicator Gold) – **Manasi Kakade**, TM of Manchester (July 28, 2013)
- I am pleased to recognize the following seven members who achieved Triple Crowns:

- Candace Buell**, Tri- City Toastmasters, Division B
- Cali Crowley**, Greater Portland Toastmasters, Division B
- Mark Henkel**, Woodsfords Toastmasters, Division B
- Karen Murray**, Bagtown Babblers, Division E
- John Savoy**, Xerographically Speaking, Division C
- Brian Shanks**, Kennebecasis Valley Toastmasters, Division C
- Debra Steeves**, Riverview Canusa, Division E

Holiday Season 2013– A time for reflection and anticipation cont'd

Sharon Jacques, CC, District Governor

I am thrilled to recognize our five new DTMs (Distinguished Toastmasters):

Collette Saunders, DTM; Successfully Speaking Toastmasters, Division F (July 1, 2013)

Mark Henkel, DTM; Woodfords Toastmasters, Division B (July 1, 2013)

Carey, Loukides, DTM; Merrimasters Toastmasters, Division G (July 23, 2013)

Raymond Savoie, DTM; True Blue Toastmasters, Division E (July 30, 2013)

Brian Shanks, DTM; Kennebecasis Valley Toastmasters, Division C (Nov 7, 2013)

All of this fills me with confidence for the months ahead. Confidence to take on what may come our way. Confidence for the future. I believe in our district and our members and the potential to get us back to growth.

The members of District 45 know how to make a difference. In everything you do, your commitment comes through. We continue to improve and grow. You define perseverance. You have passion and you know what it means to deliver. "Good enough" isn't in your vocabulary. On behalf of the District 45 executive team and the entire leadership team, I'd like to thank you for everything you do. I hope this holiday season you are able to take some well-deserved time with family and friends.

Happy holidays!

District Mission

We build new clubs and support all clubs in achieving excellence

Shane Walsh, DTM, Public Relations Officer

The holiday season is a time for personal reflection, re-evaluating our goals and setting our sights on the future, We also make New Year's Resolutions which for the most part are abandoned early in the new year. I personally don't make resolutions because they seem so finite besides I don't want to take myself too seriously.

The first six months as PRO have been very enlightening albeit challenging. I have had an opportunity to develop new skills while sparking my creative juices. I am sure the next six months will be just as exciting and just as creative. That said, I hope that you find something in our monthly newsletters that inspires you to grow as a Toastmaster and a leader.

It is TLI season. This is an opportunity to network with fellow Toastmasters, brush up on your executive roles and renew your marketing plan for your club. As well, your attendance helps the club achieve its Distinguished Club goals for the year.

In this issue, District Governor, Sharon Jacques, CC, brings seasons greetings and I would like to thank Wayne Mercer, DTM, Eric Jordan, DTM, Bob Bechtold, ACB/ALB, and Trish Smith, CC, for taking time during this busy holiday season to provide us with insightfully and humorous contributions. I especially want to thank our regular contributors, Michael Thompson for his Parliamentary Minute and Collette Saunders, DTM for her tidbits on Toastmasters. Michael would like you to provide comments and discussion on his Parliamentary Minute.



Did you know? By Collette Saunders, DTM

Feedback is an important part of the Toastmasters experience. To maximize benefit, we should review our feedback and use appropriate advice to improve; one way to do this is to re-do a speech. Some evaluators may not realize that Toastmasters International says it is fine to repeat a speech as long as the new version meets the objectives of the particular manual project being used.

Happy New Year! ***Bob Bechtelold, Area 9 Governor***

As we enter the New Year, I would like to remind each of you to make New Year resolutions that include broadening your professional development and attending your Toastmasters Leadership Institute (TLI). Attending a TLI is a good way to focus your professional development efforts. A TLI is not just for the current club officers — it is for anyone who may be interested in becoming a club officer in the future. It is also for members who want to learn more about our wonderful organization and gain valuable leadership skills.

The TLI is where Toastmasters from across the District come together to network, share ideas, and be inspired. It's where newly-elected club officers receive training on how to best serve their clubs. It's where any Toastmaster can expand their skills in communication and leadership through the educational sessions.

Every Toastmaster can benefit from attending a Toastmasters Leadership Institute! Even if you're not serving as a club officer this term, "electives" are being offered that cover a variety of topics you're sure to find of interest. See the session schedules (as they're posted) for more information. Check back here for full details, including a breakdown of sessions and presenters, as we get closer to each TLI.

Regardless of whether you're a club officer, you are welcome to attend, join in the fun, and meet the leaders and future leaders of your District.

When is your next TLI?

Please check the [District 45 website](http://www.toastmasters45.com/events.php) (<http://www.toastmasters45.com/events.php>) for your next TLI. You may also ask your Area Governor for more information. To assist with coordination of the TLI, please remember to pre-register for each TLI you plan to attend. Finally, the TLIs have been included in this newsletter. (page 4).

Have a very Happy New Year!

Four reasons to join a toastmaster club ***Eric Jordan, DTM, Area 9 Governor***

I was thinking lately of reasons why I find being a Toastmaster such a rewarding experience.

1. Experiences We learn by doing. What better way to learn how to chair a meeting than to chair a meeting. Much better to chair your first meeting at a Toastmasters meeting than to have your boss call upon you to take care of a meeting with no experience.

Do you want to learn event planning - help with a TLI or conference. Many experiences that will help move you along your career path are available for you to take advantage of on the Toastmasters program.

2. Consistent progress at your own pace. Every project you undertake makes you a better speaker or presenter. Valuable skills to have in today's competitive workplace.

3. Opportunities to express yourself:

A Toastmasters meeting is a forum for you to share your interests, your feelings and your life experiences with friends in a friendly and non-threatening environment. Toastmasters will not only listen with interest to what you have to say, they will also give you hints on how to say it better.

4. The club culture of Toastmasters.

We as Toastmasters share similar interests in self improvement and the importance of being able to express ourselves in a public forum. Many lifelong friendships have started at a Toastmasters meeting.

2014 Winter TLIs — Patricia MacNevin, DTM, LGET

Division A

January 25, 2014 from 1pm – 5pm
Department of Environmental Services
28 Hazen Drive, Concord, NH 093301

Division B

January 18, 2014 @ 9:00am
Texas Instruments
Portland, ME
January 25, 2014
Thomas College @ 9:00am
Waterville, ME

Division C

January 18, 2014 (February 1st storm date)
Holy Family Church, Hanwell Road, Fredericton, NB
Registration at 9:30am / Training at 10am-3pm (includes lunch break)

Division D (combined with Division F)

January 18, 2014 @ 8:30am Registration; Start Time 8:55am (no lunch)
St Vincent De Paul Parish (Corner of Forest Hills Parkway and Flying Cloud Drive)
320 Flying Cloud Dr, Dartmouth, NS B2W 4T6

February 1st, 2014 @ 10:00am-3:30pm
CFB Greenwood (home of Annapolis Valley Toastmasters)
Greenwood (Kingston) NS

Division E (usually commence at 9:30am)

January 11, 2014 (*January 25, 2014 Storm Date*)

Areas 2 & 3

Université de Moncton, Jean Cadieux Pavillion

January 18, 2014 (*February 1, 2014 Storm Date*)

Area 17

Emerald Community Centre, PEI

February 15, 2014

French

Tracadie-Sheila City Hall

Division F (combined with Division D)

January 18, 2014 @ 8:30am Registration; Start Time 8:55am (no lunch)
St Vincent De Paul Parish (Corner of Forest Hills Parkway and Flying Cloud Drive)
320 Flying Cloud Dr, Dartmouth, NS B2W 4T6

February 1st, 2014 @ 10:00am-3:30pm
CFB Greenwood (home of Annapolis Valley Toastmasters)
Greenwood (Kingston) NS

Division G

January 18, 2014 @ 10am (*February 22/14 storm date*)
Veterans Hospital Educational Centre
White River Junction, VT

Top Ten Ways to Help Your District PRO: *Trish Smith, CC, Area 23 Governor*

TOP TEN

As a District 45 Public Relations Officer (PRO) you can never be too proud to beg, plead or grovel for help when it comes to getting articles for the District News Letter! And if that doesn't work - just delegate. In view of this, the Area Governors and Division Governors of District 45 have collaborated with none other than David Letterman on a Top Ten List in order to help our District PRO finish the December newsletter in record time.

10. Send your article to all District Toastmasters' without going through your PRO announcing a new program or other District wide initiative.
9. Submit your article with the wrong Area designation just to keep things interesting.
8. Submit an article that is copied directly from an adjacent Division, citing the same accomplishments.
7. Submit your Division or Area Governor report full of typos because you'd rather be golfing than writing articles for the District newsletter.
6. Totally forget to submit your article for the news letter resulting in begging and grovelling by the PRO.
5. Submit your article in a write protected document or non-compatible format.
4. Text your PRO "did-yaw-get-it" every hour after submitting your article until you eventually get a response.
3. Submit your newsletter articles at the very last minute knowing that the submission dates on the calendar are merely suggestions.
2. Tweet your newsletter report knowing that you have limited text and your PRO does not know what a tweet is or how to access twitter.
1. Contact your PRO monthly and ask what he needs to send out a successful monthly newsletter.

Editor's Note: *This article is entirely humorous in nature. I am here to serve the needs of District 45 Toastmasters and I appreciate all submissions to our monthly newsletter. I am more than happy to accommodate you if you would like to submit an article at any time...*

Parliamentary Minute —*Michael Thompson, CC*

When The Rubber Hits The Road

We can study Parliamentary Rules all we want but, in Toastmasters, we rarely get the opportunity to actually practice the rules in anything but trivial scenarios. Rarely, but not never, this Fall at the District 45 Conference District Council Meeting the situation became anything but trivial.

What follows is my recollection of the proceedings from the point of view of the parliamentarian and they may not match how you remember things. Your mileage may vary...

It all started while we were reviewing the budget for District 45. There were a number of questions being asked about historical budget information when someone made a motion from the floor to request the inclusion of additional information in future budget reports. Several things went wrong here:

The motion was made from the floor and, like most motions from the floor, it was not well constructed; this resulted in confusion and discussion about the motion itself;

Parliamentary Minute —*Michael Thompson, CC*

It was during this discussion that a point of order was raised. The point was that we already had a motion on the floor (A motion to accept the budget). This was where the real confusion began. It would have been a valid point, we cannot consider another motion when there is already one on the floor, unless it is a subsidiary motion. Because the point of order was raised, we forgot that the first motion had not been made, and it took a few minutes to realize that there was not, in fact, a motion already on the floor.

During the subsequent discussion of the original motion from the floor, an amendment to the motion was proposed and discussed. During these discussions several “Points of Order” were raised. It is important to understand that the point of order is specifically a question about whether the rules of order are being followed. Some of the points raised had nothing to do with the rules of order. One in particular questioned whether the motion as amended accurately reflect the intent of the original mover. The person who raised the point refused to accept the statement from the original mover that the motion did reflect their intent. The point is that this was not a valid point of order, a point of information could have been made (which is how this was treated) or the argument could have been made during the debate of the amendment. It is worth noting that whether or not the motion as amended did reflect the intent of the original mover, it was at that point not relevant as once the motion is on the floor it belongs to the assembly **NOT** the original mover, the members of the assembly may take that into consideration but that is not a consideration of the rules of order.

At this point we were running out of time, our Treasurer had to leave for a previous engagement; it was clear that the assembly was not happy with the wording of the motion; and we still had the budget to pass, which would not have been affected by the proposed motion. For these reasons it was moved that the motion be referred to committee (the District Senior Executive) to be re-tabled with refined wording at the next meeting of the District Counsel in the Spring of 2014. This motion took precedence and had to be considered before any other subsidiary motions could be considered. The motion to refer to committee was passed and will be brought forward by the District Senior Executive at the Spring Conference.

Part of the problem, is we never leave enough time in our meetings to actually deal with anything significant or unplanned. This would be alleviated by avoiding the introduction of motions from the floor; I know sometimes you have a great idea that simply cannot wait, perhaps a motion that has immediate import to the current proceedings; but in this case the motion was not intended to affect the current proceedings and could easily have been dealt with at the next meeting. Another is the misuse of the “Point of Order” and in the case of this meeting the failure on the part of the parliamentarian (me) and the presiding officer to recognize the inappropriate points and to reject them as such.

I would like to say that I have received very little input or comment on this series of articles, and at this point in time I have run out of ideas. I will continue to write articles if I can think of new ideas for articles but I would appreciate feedback and suggestions. I find it hard to believe that I haven't made any mistakes in these articles, either in the rules themselves or spelling and grammar.

In this series of articles I will be covering a number of the basics of parliamentary procedures. If there is a topic you would like to see covered, have a question you would like answered or you would like to contribute an article, please let me know; you can email me at mikethom@acm.org - please preface your subject line with “PM:”. These articles (attributed to Michael Thompson) may be reprinted in any Toastmaster group's newsletter or website without permission.

As a leader you are a coach — Wayne Mercer, DTM, Area 21 Governor

If your actions inspire others to dream more, learn more and become more...

You are a leader

I believe this statement represents the heart of the Toastmasters program

We live in a world where leadership comes with a title such as Club President, Vice President of Education or Club Treasurer, however it is your actions that will determine your leadership status with your club members, your fellow executive members, your Area Governor, Division Governor and of course the District team.

It is your role as a club executive to bring the best out in members; it is your mission to guide your club to be the best it could possibly be.

This job is not as daunting as it sounds. Toastmasters have designed a strong leadership training program and if you follow the program you will make it happen. You will bring the best out of your members and the result will be that you will have built a vibrant successful Toastmasters club.

What is your first step?

The first thing you need to do is organize your executive, this is done simply by having a meeting of your executive to discuss your roles and responsibilities, and your goals as an executive. Review the Club success plan and determine an action plan for success. Next thing is pick a theme. Nothing excites a member more than a rallying cry. Hold a special business meeting with the club to share the goals. During this meeting focus the discussion towards the goals and direction that the executive have set. Excite your members and have them join in the quest.

Lead by example.

As a leader you need to *Lead by Example*. Are you following the TI program? Are you doing Toastmaster approved programs or modules. It has been proven that successful clubs are successful because their leaders follow the program and achieve one of the DCP goals.

The Vice President of Education should ensure that every speech is from a Toastmasters manuals. This is not as challenging as it sounds. Often times I use my clubs as sounding boards for my United Way presentations, work presentations or for a new club visit speech. I will ask my evaluator to provide their feedback in relation to a Competent Communicator Manual. Simply put; is my presentation organized (CC project 2), did I make my point (CC project 3), did I project my voice (CC project 6).

Just as important your club should ensure that each member has the Competent Leader manual and have their assignment evaluated each time the members performs a meeting role.

Each member of the executive should commit to following the program thus setting the example.

I always find it amazing to see the real leaders in a club. They are the ones that guide members through the program. They are the ones that push you and me to be better Toastmasters.

If your actions inspire others to dream more, learn more and become more...

You are a leader

Be a Leader Be a Coach

As a Leader You are a Coach — cont'd

Wayne Mercer, DTM, Area 21 Governor

What is the Toastmaster Mission Statement?

We provide a supportive and positive learning experience in which members are empowered to develop communication and leadership skills, resulting in greater self-confidence and personal growth.

Are you applying this mission statement in your actions?

Each club success depends on the efforts of all the members

Including:

- What action are you doing to support the mission statement?
- Have you completed a club assessment to determine where your club is going?
- Have you seen one of your fellow Toastmasters sit on edge of the meeting and not really taken part?

Have you ever seen a team get better without a Coach?

Probably not!

John Whitmore said in his book coaching for ***Performance: Growing People, Performance and Purpose***

“Coaching is unlocking a person’s potential to maximize their own performance. It is helping them to learn rather than teaching them”

You are a Toastmaster Coach if you are performing leadership roles during the meeting such as speech evaluator, general evaluator, ah counter or grammarian.

As a Toastmaster coach we should be thinking of the unreleased potential of our fellow Toastmasters. When we apply our Mission Statement as Leaders and Coaches we must think of our fellow Toastmasters in terms of potential and not their performance. When we offer opportunities for improvement we are really coaching a person. We are providing opportunities for the member to reach their potential.

Club Anniversaries

Club#	Club	Year	Anniversary
2204	Fredericton Toastmasters Club	1972	41
9719	Toast Of The Valley Club	1993	20
4653	Yarmouth Toastmasters Club	2001	12
829453	Valley Health Toastmasters Club	2006	7
1117322	Dirigo Toastmasters Club	2007	6

Education Achievements, 2013 November 26 - December 26

<u>Award</u>	<u>Date</u>	<u>Member</u>	<u>Name</u>	<u>Location</u>
CC	11/27/2013	ABRAHAM, EYRA A	Dartmouth Toastmasters Club	Dartmouth
CL	11/28/2013	Crowley, Cali	Greater Portland Toastmasters Club	South Portland
ACG	12/16/2013	Bissonnette, Anne	Hub City Toastmasters Club	Moncton
CC	12/16/2013	Ulemek, Svetlana	BURNDY Toastmasters	Manchester
ACS	12/17/2013	Soucy, Doris	Granite Place Club	Concord
CC	12/18/2013	Boggs, Sallie S.	MDI Toastmasters	Bar Harbor
ACS	12/18/2013	Bechtold, Robert Theodore	MDI Toastmasters	Bar Harbor
CC	12/19/2013	Mossey, Richard G	Souhegan Speakers and Leadership Club	Amherst
ACG	12/19/2013	Crowley, Cali	Greater Portland Toastmasters Club	South Portland
CL	12/20/2013	Ford, Betty A.	Bangor Toastmasters Club	Bangor

Congratulations!

Next Newsletter Deadline

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