

District 45 Toastmasters Newsletter

# CAN-AM LINK



## *We See Something*

Patricia MacNevin, DTM, District Governor

New tools, new collaborators, new leaders. The beginning of a Toastmaster year offers members opportunity to identify their goals and strategies for the year. This ripples all the way to Toastmasters International because each member's experience in the Toastmasters environment (club) is a result of the education provided, the quality of club meetings, mentoring, other toastmasters activities and its members.



While your District Trio worked and trained in Kuala Lumpur prior to and during the international convention, we were privileged to represent our members on the world stage. I tip my hat to each and every member for your accomplishments in the 2013-14 toastmaster year. It is because of you that our district achieved Select Distinguished District. We were recognized with several plaques, a luncheon with Toastmasters celebrities (international officers and WHQ staff), two parades of honour on the stage, and multiple candid photos. Now the photos may have been due to our hats but still - it was contagious and humbling!



The convention and training provided us with new ideas, new collaborators and new networks to keep us focused and supported. The breadth of talent in our membership can be overwhelming but if you seize the moments, catch the ball and run with it - you'll have a touch down! Our district is aiming for another great distinguished year in 2014-2015.

I challenge you to catch a ball and run with it so you can continue in this wonderful Toastmasters program and achieve your goal - becoming a better public speaker, having more confidence or becoming a better leader. As this year's world champion stated in his winning speech - "I see something in you". All of us contribute to your accomplishments. "We see something in you!"

Warm regards,

**Patricia MacNevin**, DTM  
District 45 Governor 2014-15

## Focus on the Member

by Tom Goodwin, DTM, Lt. Governor of Marketing

I would like to start by thanking the members of District 45 for the opportunity to serve as your Lieutenant Governor of Marketing (LGM) for the coming year. It was an honor to attend the Toastmasters International Convention and District Leader Training and represent District 45 along with District Governor, Patricia MacNevin, DTM and Lt. Governor of Education and Training, Sandra Hachey, DTM.



As your LGM, I will be focusing on three areas of work for the coming year:

1. **To build new clubs.** So far this year, we have already chartered one new club, TD Legendary Leaders in Lewiston, ME and we have 5 prospective clubs currently organizing. Two of the clubs are in Nova Scotia and three clubs are in New Hampshire. I am currently looking for a Club Extension Chair to assist in the development of new clubs.
2. **To strengthen existing clubs.** District 45 started the year with 29 clubs with 12 or fewer members. I will be working with the club presidents to determine which clubs want club coaches and working with Club Coach Chair, Wendy Harding, to assign club coaches when possible.
3. **To focus on member satisfaction.** Member satisfaction is the result of a club's understanding of the needs of each member and providing quality club meetings with the needs of the members in mind.

In all of these areas, the member experience is the key to success. By delivering a high quality experience geared towards each member's individual needs we will increase member satisfaction, member retention, and educational awards. Basically, if we as an organization can focus on our members, the numbers on which our clubs, areas, divisions and the district as judged, will reflect our commitment to the member.

Last year was an outstanding year for our district. I look forward to building and extending on the successes of last year.



**District Trio - Tom Goodwin, LGM, Sandra Hachey, LGET, and Patricia MacNevin, District Governor at the Hall of Fame Ceremony, Toastmasters 83rd International Convention, Kuala Lumpur, Malaysia**

**CONGRATULATIONS** to Division B Governor, Tom Dowd, and his club building team on our first new club of the year, **TD Legendary Leaders - Lewiston, ME**

## *Awaken-Accelerate-Attain*

Set your GPS on the weekend of October 24-26, 2014 for the District 45 Fall Conference being held in Charlottetown, Prince Edward Island. Come and awaken your mind, accelerate your potential and attain your goals as a communicator and leader.

Learn how to effectively use humour and allow your funny bone to be tickled during the Humorous Speech Contest. Learn from some of our most experienced evaluators during the Evaluation Contest. Participate in the educational workshops, or better yet, step out of your comfort zone and apply to present a workshop.

Help set the course for our District by attending the District Council meeting and representing your club on matters of importance to the long term health of District 45.

Learn how Islanders entertain themselves; enjoy our world famous hospitality; savor Island cuisine; pick up a few souvenirs; and decide that you must come back and learn more about the quality of life on Prince Edward Island. You will be treated to a taste of the Island during the conference; however, there is so much more to experience.

Keep "Gentle on your mind"! The "Gentle Island" that is! Come visit Prince Edward Island, the birthplace of Canada. Spend a few extra days and appreciate the beauty of its gentle rolling hills, its historic capital – Charlottetown and its many picturesque towns and villages.

Registration information and additional details will be on the District 45 website shortly:  
[D45Toastmasters.com](http://D45Toastmasters.com)

***Fall Conference Silent Auction:*** Catherine Smith of Xerographically Speaking is the chair for the silent auction and is accepting donations of baskets and other items for the auction. If you wish to donate to the auction, please email Catherine at [Catherine.Smith2@Xerox.com](mailto:Catherine.Smith2@Xerox.com).

## ***DISTRICT-WIDE "TOASTMASTERS DAY" OCTOBER 15, 2014***

Plans are underway for a district-wide celebration of Toastmasters Day on October 15th. Proclamations are being prepared and submitted to all 6 provinces and states within District 45 recognizing the day in honor of the very first Toastmasters meeting 90 years ago. Each division is deciding on a special way to honor the day and promote awareness of Toastmasters and the Anniversary. So far, the ideas have spanned from a speech-a-thons, multi-club Open Houses, random acts of Toastmasters and a social media frenzy, where members tell what Toastmasters mean to them, online.

All clubs and members are invited to participate in the day's activities. For more information on how your division is planning to commemorate the day, please contact your division governor.

## Mt. Washington Valley Toastmasters hold Charter Ceremony

On July 30th, 2014 the Mt. Washington Valley Toastmasters held their Chartering Ceremony. District Governor, Patricia MacNevin was on hand to present Club President, Joy Noyes, with the club's official charter. Also in attendance were Area 20 Governor, Angi Miller, and members of the sponsoring club, Moultonboro Toastmasters. The meeting began with a round of Table Topics based on the theme, What I Have Learned from Toastmasters, followed by Patricia's presentation of Charter Member certificates and the Club Charter. The meeting was adjourned with Club President, Joy Noyes, banging of the ceremonial Great Northern Gavel.



CONGRATULATIONS

## District 45 Award Descriptions

**Shirley Kelly Memorial Award** - This award is presented to a member who exemplifies the mission and values of a Toastmaster and empowers fellow Toastmasters to be successful by sharing the spotlight. Nominees must be a DTM, have served on the District Executive Council, have been a Toastmaster for at least 5 years, and have served the District in various capacities. Nominations can be made by any member; however recipients must be nominated by at least two Toastmasters. The nomination form is attached on the next page of the newsletter.

## Fall Speech Contests

**Division A – October 4, 2014, Capital Center for the Arts, Concord, NH - 9 AM**

**Area 12** - Friday, September 19th, Capital Center for the Arts, Concord, NH - 6 PM

**Area 16** - Thursday, September 25th, PSNH in Manchester - 6 PM

**Area 20** - Wednesday, September 24th, Common Man Inn, Plymouth, NH - 7 PM

**Division B – October 4, 2014, Rockport Opera House, Rockport, ME**

**Area 5** - Wednesday, September 17th, 600 Main St, Bar Harbor, ME - 7 PM

**Area 6** - Friday, September 26th, UNUM, Home Office 3, Clipper - Portland, ME - 5PM

**Area 10** - Saturday, September 27th, Portsmouth Library, Portsmouth, NH - 9 AM

**Area 14** - Tuesday, September 30th, Chamber of Commerce, Auburn/Lewiston, ME - 6:30 PM

**Division D - Thursday, October 9, 2014 - Time and location TBD**

**Division E – October 18, 2014 (PEI)**



## Top 10 Reasons to Attend the Fall District Conference!

Thinking of attending the Fall district conference? Here's a list of the top ten reasons why you won't want to miss it!

**#10: It's good for you.** You joined Toastmasters for a reason, to ramp up your communication and leadership skills. What better way to do this than to take advantage of what you can gain from attending the fall conference!

**#9: It's an opportunity to network.** When you attend the fall conference, you'll have the opportunity to meet Toastmasters from all across the district (Vermont, New Hampshire, Maine, New Brunswick, Nova Scotia, and Prince Edward Island).

**#8: It's your chance to learn from the best.** You'll have the opportunity to learn, first hand, how your fellow Toastmasters arrived at where they are now. Schmooze with the DTMs at lunch, dinner and throughout the weekend and find out why they joined Toastmasters and where it has taken them so far.

**#7: You can make a difference.** Commit to attending the conference and bring a fellow Toastmaster who has never attended a conference. You can open up a whole new Toastmaster experience for them.

**#6: It promotes professional growth.** Taking charge of your professional growth is the key to success. These days, many companies have had to cut back on their funds for growing their employees past their basic job responsibilities. When you come to "**Awaken, Accelerate, Attain**" you'll find an opportunity to learn and grow, which can help you succeed in the short term and the long term.

**#5: Come see the International Director!** Richard Peck, our Region's International Director, will be delivering the keynote address at the banquet. Not only has he earned his DTM, he is one of the most knowledgeable men about the entire Toastmasters International organization.

**#4: Improve your Evaluation Skills.** By attending the evaluation contest, you will have a chance to hear seven of the top evaluators in our district critique a speech. This is a great opportunity to learn through observation, and use their techniques in your own evaluations in the future.

**#3: Find out how to move forward in your Toastmasters career.** Attend the educational sessions to learn and grow a better you.

**#2: LAUGH...LAUGH...and LAUGH some more.** At the humorous speech contest, you will hear seven of the funniest speeches presented with exceptional timing and delivery. This is a chance to learn how to inject humor into your own speeches and keep your audience's attention throughout your speeches.

**And the #1 reason to attend YOUR Fall Conference.... To take control of your future!** A Toastmaster's conference gives you opportunities to learn and to grow. You'll be exposed to people and experiences that may very well positively influence the rest of your life, personally and professionally.

## Club Anniversaries

Club Number	Club Name	Charter Date	# of Years
2156	Brunswick Toastmasters	8/1/1959	55
688	Miramichi Club	8/1/1973	41
1330772	ComMunique Acadie	8/1/2009	5

## Educational Achievements

AWARD	NAME	CLUB	LOCATION
DTM	Hachey, Sandra	NoonTalkers Toastmasters Club	Saint John
CC	Chen, Hsuan-Yu Santi	Maine Fab Toastmasters	South Portland
CC	Drope, Heather P R	Toast of the Coast Toastmasters Club	Dartmouth
CC	Ferland, Bob R.	Dirigo Toastmasters Club	Belfast
CC	Friedman, Scott A	Toastmasters of Greater Burlington	South Burlington
CC	Higley, Eric J	Toastmasters of Greater Burlington	South Burlington
CC	Holloway, Cassandra R.	Brattlemasters	Brattleboro
CC	Manson, Eriq	Running Hill Toastmasters Club	Scarborough
CC	Morelli, Alex James	Maine Fab Toastmasters	South Portland
CC	Roger De Coverley, Iva	Horseshoe Pond Toastmasters Club	Concord
CC	Rumsey, Patricia	Coastmasters Club	Rockport
ACB	Cohen, Grace	Concord Toastmasters Club	Concord
ACS	Arseneault, Vicki-Krista	NoonTalkers Toastmasters Club	Saint John
ACS	Bouchard, Louise	NoonTalkers Toastmasters Club	Saint John
CL	Bechtold, Bob	MDI Toastmasters	Bar Harbor
CL	Coddington, Paul F.	Karner Blue Toastmasters	Concord
CL	Henkel, Mark A.	Running Hill Toastmasters Club	Scarborough
CL	Ide, Beth	Merrimasters Toastmasters Club	Nashua
CL	Morelli, Alex James	Maine Fab Toastmasters	South Portland
CL	Perkins, Heather	Wolfville Toastmasters	Wolfville
CL	Perkins, Heather	Toast of the Coast Toastmasters Club	Dartmouth
CL	Thompson, Michael A.	Toast of the Coast Toastmasters Club	Dartmouth
ALB	Fu, Helen	Merrimasters Toastmasters Club	Nashua
ALB	Taylor, Marion P.	McCain Toastmasters	Florenceville-Bristol
ALB	Tucker, David S.	Maine Fab Toastmasters	South Portland
ALS	Hachey, Sandra	NoonTalkers Toastmasters Club	Saint John
LDREXC	Hachey, Sandra	NoonTalkers Toastmasters Club	Saint John

Publisher:  
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District Governor 2014-15

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*Congratulations to all  
award recipients*